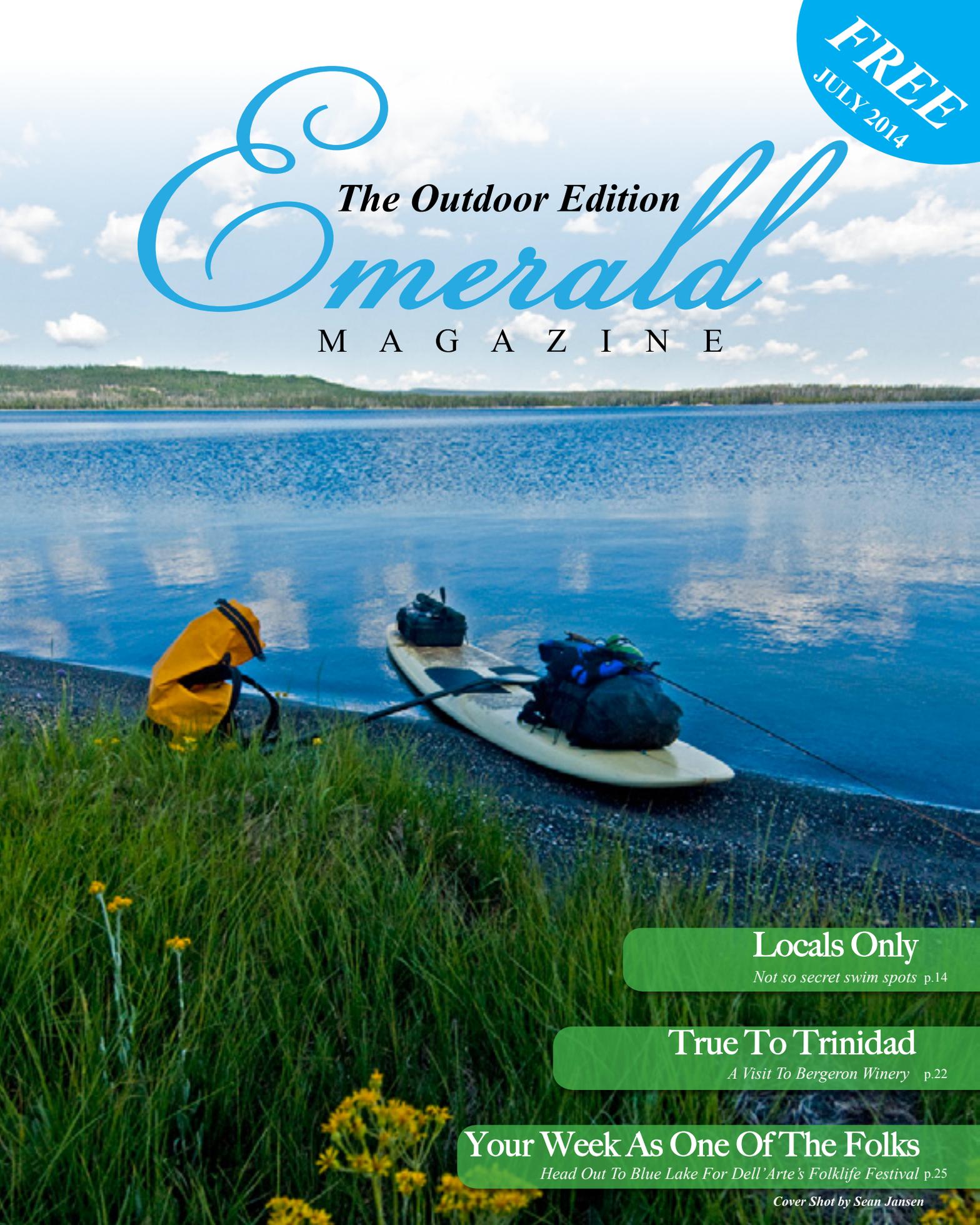


**FREE**  
JULY 2014

# *Emerald*

*The Outdoor Edition*

M A G A Z I N E



**Locals Only**  
*Not so secret swim spots* p.14

**True To Trinidad**  
*A Visit To Bergeron Winery* p.22

**Your Week As One Of The Folks**  
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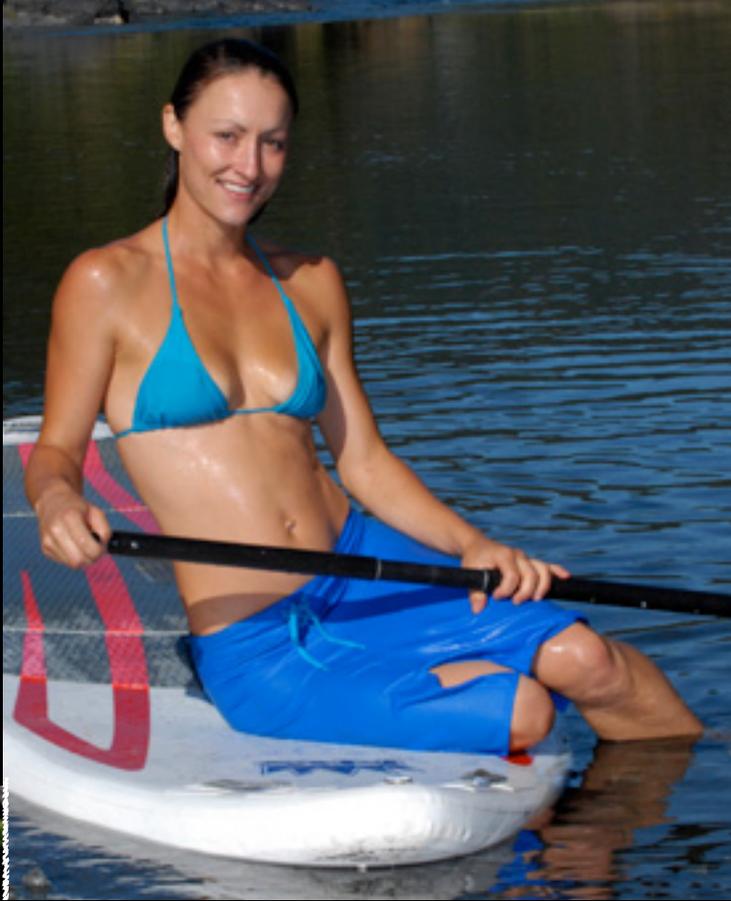
*Cover Shot by Sean Jansen*



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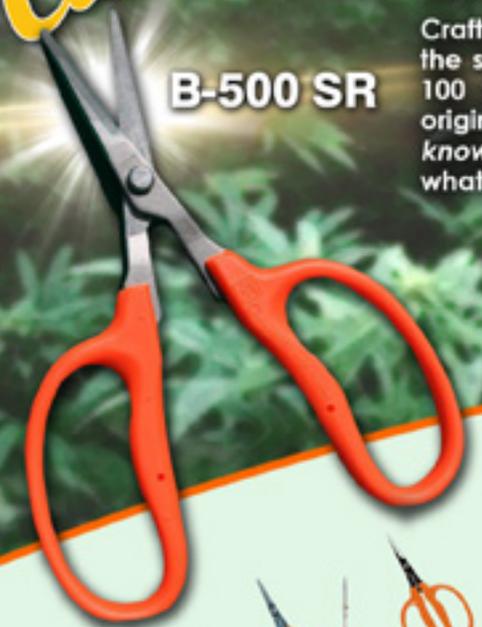
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**What We Love About Humboldt:**

**Glamping Staycations**

by Linda Stansberry



Bare feet. Barbecue. Surfboards. Sand. Late sunsets and early morning hikes. We do summer right on the Redwood Coast. People drive hundreds of miles just to vacation where we live.

Which is why we at Humboldt Made cordially invite you to stay put. Save your money, reduce your carbon footprint and rent a space at one of our local campgrounds for the week. You can still go into work (if that's your thing) but you don't have to go home to the TV, junk mail, wifi and same old, same old.

Fill up your cooler with some gourmet glamping cuisine (glamping=glamorous camping) like Cypress Grove Chevre, Dick Taylor Craft Chocolate and Arise Bakery gluten-free bread. Eat all your meals beside a campfire. Wash your feet in a babbling brook. Teach your kids how to carve hotdog-roasting sticks. Watch the night sky. Breathe deeply. Wonder what that strange rustle in the bushes is. (It's probably nothing. Probably.)

Nature is the best beauty secret out there. When you stride into the office pungent with woodsmoke, exuding that combination of ferality and serenity only time in the outdoors can inspire, don't be surprised if people take notice.

"Hey, you look really relaxed," they'll say, "Also, there's a leaf in the hair."

Pretend you put it there on purpose. **Happy Summer from Humboldt Made.**



from the editor

Dear Reader,

It's hard to believe that July is already here. With the year half way gone, it's never too late to get a jump start on some full-on-fun. Summer on the North Coast makes living in our rural neck of the woods all the more worth it. This edition we've sought out activities that will keep you busy day and night.

From sailing on a private boat across Humboldt's bay, to sipping wine in the seaside town of Trinidad, there is something all can enjoy in this edition. If traveling is on your mind, consider visiting Yellowstone National Park. If Wyoming seems like too far of a distance to travel, then head west towards King Range for some rough riding mountain biking.

Next month will be a very exciting time for us here at the magazine. *Join us August 22nd as we celebrate our two-year anniversary at Jambalaya in Arcata.* As a gift to all of you (and ourselves) we will be expanding into two more counties. We have already begun taking steps towards increasing our circulation of 6,000 and will extend our mission of promoting the North Coast throughout Trinity and Mendocino county. From all of us here at the *Emerald*, we want to thank our readers, for following us during these first few years. The steps we've taken and the mountains we've conquered have guided us towards being your premier resource guide to living on the North Coast.

We will continue to engage readers by promoting opportunities for attending exciting events, embarking on luxurious getaways, experiencing local dining and keeping up with the latest trends on the North Coast. For now, we want to encourage you to take advantage of the summer and what our neck of the woods has to offer. From all of us at the magazine to you, have a great summer Humboldt.

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Sincerely,

Christina DeGiovanni

Editor-In-Chief



Photo by Ronelle Herd

Editor@theemeraldmagazine.com



**MAY/JUNE**

12:30	2	3	4	5	6:00	12:30 & 7:00
FAIRFIELD INDIANS			VALLEY BEARS		OPENING DINNER	FAIRFIELD INDIANS
12:30	9	7:00	7:00	12	7:00	7:00
SEALS BASEBALL		HEALDSBURG PRUNE PACKERS	HEALDSBURG PRUNE PACKERS		SEALS BASEBALL	SEALS BASEBALL
12:30	16	7:00	7:00	19	7:00	7:00
SEATTLE STUDS		MARYSVILLE GOLD SOX	MARYSVILLE GOLD SOX		SEATTLE STUDS	SEATTLE STUDS
12:30	23	24	25	7:00	26	27
AUBURN WILDCATS		WALNUT CREEK CRAWDADS	MENLO PARK LEGENDS	NEPTUNE BEACH PEARL	REDDING COLT .455	REDDING COLT .455
12:30	29	30				
REDDING COLT .455						

Home Game    Away Game    ■ = Doubleheader

**JULY/AUGUST**

12:30	7	7:00	7:00	7:00	12:30	7:00
SOLANO MUDCATS		FONTRANETTI'S ATHLETICS	FONTRANETTI'S ATHLETICS	FONTRANETTI'S ATHLETICS	SOLANO MUDCATS	SOLANO MUDCATS
12:30	14	7:00	7:00	17	7:00	7:00
MENLO PARK LEGENDS		ALAMEDA MERCHANTS	ALAMEDA MERCHANT		MENLO PARK LEGENDS	MENLO PARK LEGENDS
12:30	21	7:00	5:30	24	7:00	7:00
WALNUT CREEK CRAWDADS		SAN MATEO ROUNDERS	SAN MATEO ROUNDERS		WALNUT CREEK CRAWDADS	WALNUT CREEK CRAWDADS
12:30	28	7:00	5:30	31	7:00	7:00
REDDING COLT .455		PACIFIC UNION CAPITALISTS	PACIFIC UNION CAPITALISTS		REDDING COLT .455	REDDING COLT .455
12:30		7:00	5:30		7:00	7:00
NOVATO KNICKS		SANTA ROSA ROSE BUDDS	SANTA ROSA ROSE BUDDS		NOVATO KNICKS	NOVATO KNICKS

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*Health*

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**12. Emerald Style**

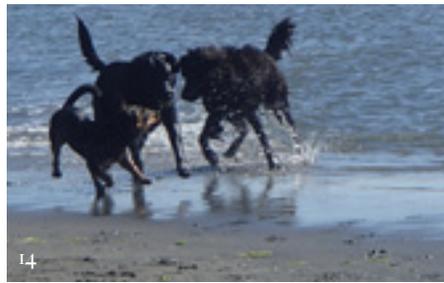
*Fashion Column*

Believe it or not, your clothing choices can really make a difference in how much you enjoy your day outdoors. Here are our fashion tips for enjoying your summer al fresco...

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**Community Calendar**

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*Cuisine*

Bergeron Winery offers a selection of impressive wines at their elegant but laid back tasting room.

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*Cuisine*

In Humboldt County, there are Dungeness crab, a variety of rock crab, spider crab, and much more.



22

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*Travel*

It's summer. It's hot and you want nothing more than to go and jump into a body of water and cool yourself off.

**25.**

**Your Week As One Of The Folks**

*Feature*

Head to Blue Lake for Dell'Arte's Folklife Festival and listen to bands like Clean Livin', Pilot Rock Ramblers, Timber Ridge Boys, Kingfoot, The Vanishing Pints, Cadillac Ranch, Mo and Morgan and many more!



25

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**ABOUT US**

The Emerald is a lifestyle magazine dedicated to promoting our community in a positive light by featuring activities, events and locals who help make Humboldt the place we call home.

The Emerald was created with the belief that it could serve as a platform for locals to share what they love most about Humboldt County. We invite readers to contact us and contribute their thoughts on what they'd like to see promoted next.

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# FIRST CLASS SAIL

## *A Healthy Obsession*

BY BENJAMIN FORDHAM

Whether it's cruising around on a placid bay or braving the open ocean, sailing can be a wonderfully revelatory experience. With summer bathing us in golden light from above (wear sunscreen), there is no better time than now to enjoy our local waters in the S/V Obsession, Doby and Kim Class' 38-foot Catalina sloop. The couple offers tours on their boat through their company, First Class Sailing Humboldt.

The Obsession also happens to be a floating B&B. "It's a new business and there's nothing like it on our North Coast," said Kim. "We (recently) had our first couple from Germany stay overnight and sail the next day."

The Obsession is a Catalina 38, a boat designed by the famous naval architecture firm Sparkman and Stevens, and is one of only 366 produced. The '38 was the official boat of the Congressional Cup, one of the top match-racing regattas in the world, from the late '70's through the '80's. The Class' purchased the Obsession in July of 2012 and, naturally, raced her in the Catalina 38 Nationals in San Francisco on their way back up to Humboldt, placing 3rd.

Since then, the Class' have put a lot of time and effort into "gentrifying" the racing boat into a comfortable six-berth cruiser. She sports six feet of headroom, an updated electrical system and galley, new counters and tables, and new cushions and fabric. The galley features a refrigerator, as well as microwave and conventional ovens. And she's still fast, making up to 10 knots downwind.

"We love boating and meeting new people and sharing it," says Doby, who has been sailing for over 36 years. He is a former instructor at Offshore Sailing School, as well as performing yacht deliveries in the Caribbean and acting as a charter boat sail-master in the US and British Virgin Islands. He currently serves as Commodore of the Humboldt Yacht Club.

First Class Sailing Humboldt offers a variety of rental packages, including in-bay, open ocean, and fishing tours. Take a casual, 90-minute cruise around the bay, or take your sweetie on a romantic night-sailing tour (and score MAJOR points). Host a private party, or spend a few nights in the Obsession's comfy quarters.



Photo by Claudia Meyer

"Obsession is a quiet, quaint, and cozy place to sit and read while you watch the birds and seals," reads the company's website. Anyone is also welcome to stop by the Woodley Island Marina's G Dock and check out the Obsession for themselves. You too might find yourself becoming obsessed. But, really, drinks on a yacht at sunset? Could be worse, Humboldt.

For more information or to book a tour, visit the company's website at [firstclasssailinghumboldt.com](http://firstclasssailinghumboldt.com) or call (707) 826-9569.

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# Emerald STYLE

Rima Greer, Fashion Columnist

Summer's here! What adventures do you have planned? Day at the beach? By the river? Rafting? Hiking? Gardening? Picnic? And what will you wear? Believe it or not, your clothing choices can really make a difference in how much you enjoy your day outdoors.

Here are our fashion tips for enjoying your summer al fresco:



**1. Light layers.** All you have to do is look at the hottest parts of the world to understand that LESS is not always the best option when you're dealing with summer sun. From India to the Middle East, where temperatures really soar, you can see that the traditional fashions use the magic of fabrics to stay cool, rather than stripping to the bare minimum. A light layer of natural fiber can actually keep you cooler than bare skin. Fabric is a natural sunscreen, wicks moisture, and discourages insects. Try clothing made of lofty, translucent cotton voile (say VWALL) or handkerchief weight linen in light colors to reflect the sun. Lightweight silk can do the trick too - silk has magical properties that allow it to keep you cool in summer and warm in winter.

**2. Pockets.** There's nothing worse than dragging a purse-load of stuff along on a hike or a picnic. Clothes with secure pockets (zips can be your friend here) can allow you to bring your essentials, and keep your hands free. No pockets in your fave hiking pants? You can usually add them later, and you don't need a huge skill set to do it.

Or try one of those fabulous purse belts.



**3. Hat:** And not necessarily your ubiquitous baseball cap. When you're out in the sun, you need protection all around, which is why Australians invented the Bush Hat. Those folks are parked right under the hole in the ozone layer, and if you're not covered up you will FRY! You can benefit from their experience by grabbing one and keeping all that sun off your face, AND the back of your neck. And besides, it's almost never a bad idea to give your image a tiny touch of Indiana Jones.

**4. Shoes:** I've said it before, and I'll say it again. Flip flops are not shoes. They are pool and beachwear. But if you're hiking, or, well, doing anything but hanging out at the pool or the beach, then the flip flops have to go. Not only will you drastically cut down on your risk of injury (yes, more people get hurt in flip flops), but you'll hike farther, with less ankle or back pain. If you're wearing hiking boots, just make sure you're wearing good wicking socks, and if you're going for miles, stash some band aids in the pockets you just made. Your best middle of the road choice is probably a canvas shoe, like Toms, or even canvas sneakers. Enough support for a nice long walk, but the fabric will breathe and keep you cool.

**5. Scarf.** SCARF? In the summer? Oh yes. There's a reason why the Indian Salwar Kameez style always includes a "dupatta" - a long, wide scarf. It's great for wicking moisture, keeping the sun off your neck. If your scarf is large enough, you can use it as a shawl to keep the sun off your arms, and you can tie it furoshiki style into a tote bag in case you come across something you just can't live without. (What's furoshiki? It's the Japanese art of folding fabric into just about any useful item. Email me, and I'll email you a cool little booklet on how to do it.)

[Emeraldmagstyle@gmail.com](mailto:Emeraldmagstyle@gmail.com)

Bottom line, you can look great, be practical, and stay cool, all at the same time.

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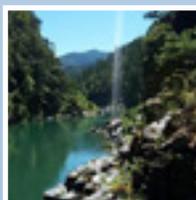
## No-Hum Summer Swim Spots

Story and Photos by Dave Feral

Last week I asked my Facebook friends to share their secret spots, and this was the reply; John said "I'll never tell!,"... Joan said, "Yeah, last time I told mine, hundreds of people started showing up and trashing the place now my kids don't even like to go there. I'm keeping it to myself, people can do their own self-discovery..." Bobby said, "I think it's in Siskiyou." (Note: Names changed to protect the innocent commenters!) Comments like this went on and on for over 20 posts! So, I got a clue...secret swim holes are for locals only. Nobody wanted to share...so, I decided it would be O.K. to share some of the not-so-secret swim spots for the newcomers and those folks visiting for the summer. The following not so secret swim spots are all within one hour drive of the Arcata, Eureka area.

## River Spots

### DEVIL'S ELBOW



#### Willow Creek

One of my favorite swim spots on the Trinity River is located at Devil's Elbow. My son and I spent a day there last week and had a great time! When we arrived we had the place to ourselves, and within an hour we had the incredible experience of an adult bald eagle gliding right over our heads. Not much later an osprey came and began mobbing the bald eagle. As if that wasn't enough excitement, an enormous aerial predator, a golden eagle, flew over and landed on a rock ledge and hung out for a while. The tranquil Trinity water was clear and cool, the perfect temperature for chilling off in the 95 degree heat! It was a treat to share this beautiful place and experience with my son, you are almost guaranteed a natural delight or two if you get to this spot early in the day.

#### To get to Devil's Elbow

- Drive east on highway 299 to Willow Creek
- Then take a left on highway 96 toward Hoopa, and drive for about 5 or 6 miles until you see a large pull out on the right hand side of the road, and park.
- To get to the river you must hike down a fairly steep trail about a quarter of a mile, stay on the main trail due to copious amounts of poison oak off the trail. Though the trail is steep, you will be rewarded with, cool clear water, great natural beauty, and ample places to swim and soak up some vitamin D. Caution should be taken when entering the Trinity River, there are deaths every year due to drowning, the Trinity is a strong cold river, so be sure everyone has solid swimming skills, bring a personal flotation device, and be safe!

### MAD RIVER

#### Swim Hole Above Mad River Hatchery, Blue Lake



Another well know local dipping pool is located just a short 20 minute walk upstream of the Mad River Hatchery. To find this particular pool is pretty easy.

#### From Highway 101 near Arcata:

- Take Hwy. 299 east to the City of Blue Lake,
- Take Hatchery Rd to the California Department of Fish & Wildlife's fish Hatchery.
- Park then walk to the south end of the parking lot.
- At the south end of the hatchery compound you will find a foot path leading further south, after about 30 yards you will see a foot path leading you down to the river.
- Once at the river cross to the east bank, then stroll up stream.

You will find many nice private sandy spots along the way, and you might run into a person laying out in the nude. Don't worry, it's a Humboldt tradition to skinny dip these waters, and people are respectful. To get to the swim spot depicted in the picture above you will walk about 20 minutes up stream of the main beach at the hatchery, and if you keep walking further upstream you might find a secret swim spot of your own. During the weekdays, few people frequent these emerald pools of water warmed by the sun (up to 70

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## Beach Spots

### COLLEGE COVE

#### Trinidad



As the name implies this is a favorite spot for students from Humboldt State University, College of the Redwoods, and local families. A quiet beach with gentle waves due to offshore rocks that help dissipate offshore ocean energy, so this is a good place to come when wave are too big or blown out in other places. Traditionally the south end of the cove is clothing optional allowing you the opportunity to lose that tan line!

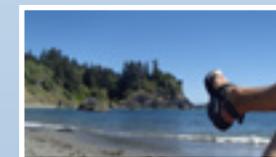
#### From Eureka, take US 101 north:

- \* Take the turnoff for Trinidad and go toward the ocean on Main Street
- \* Where the road curves leftward, turn right onto Stage Coach Road
- \* Go past the entrance to Trinidad State Beach, 0.7 miles total
- \* Turn left where you see a small sign (that says College Cove) at the entrance to a dirt parking lot

The trail begins at the north end of the parking lot. In about a quarter of a mile you will see a path to your left going down towards the beach. The path has steps to make it easier but it still is a little challenging.

### BAKER BEACH

#### Trinidad



Baker Beach is similar to College Cove but a bit more relaxed. Generally known as the best local spot for clothing optional sunbathing it is a very peaceful playa and a great place to enjoy the warm sand and soft sound of the surf, as you let your mind unwind with a good book or a nap. Baker Beach is also one of the best spots to go tide pooling on a good low tide, or if you like rock fishing there is a great opportunity for that too!

#### To get to Baker Beach from Arcata:

- Head North on Hwy. 101
- Take the exit toward Westhaven Dr.
- Turn left onto Westhaven Dr.
- Turn right onto Scenic Dr.
- Find parking near Baker Ranch Rd.
- One trail down to beach in good shape, just cleared of brush.

## Kayak Zak's

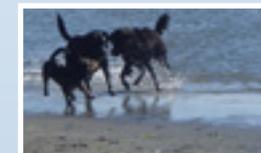
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### MOONSTONE BEACH

#### Trinidad



Moonstone Beach is the quintessential family beach, it has easy access, is dog friendly, on shore surf, rock climbing, kayaking in Little River, and caves! What more could you ask for? O.K. due to the fact that it has so many great attributes it is also the most popular local beach in our area, which is great when you have kids. Every time our family takes a trip to Moonstone we run into friends and have the best unplanned social time. Moonstone is a community beach!

#### To get to Moonstone from Arcata,

- Head North on Hwy. 101
- Take the exit toward Westhaven Dr.
- Turn left onto Westhaven Dr.
- Turn left onto Scenic Dr.
- Then take a right onto Moonstone Beach Rd.
- The beach is just a few steps away!

I would like to share more of the best not so secret swim holes with you, but I'm already over my word count for this article, and it is way overdue, so for more information on where to go and how to get there check out Albert Miller's A guide to Natural Swimming Holes in the Eel River Valley and Mad River wilderness, and remember when visiting these Humboldt treasures, leave no trace... and pack it out!

# July 2014

## Community Calendar

### Monday

7  Folklife Society Sing-a-long  
Arcata Community Center  
7pm

14 Fortuna Rodeo  Week Starts 5pm  
  
Poets on the Plaza  
Plaza Grill 8pm \$1

21 See the weekly events  


28 See the weekly events  


### Tuesday

1 See the weekly events  


8 Gipsy Moon  
Humboldt Brews 9pm 21+  
HUMBucks Exchange  
Bayside Grange 5:30-7:30 pm  
Savage Henry's Comedy  
Jambalaya 9pm 21+

15 Fortuna Rodeo  5pm  
  
Notary Public Class  
CR 8am-6pm 18+ \$105

22 See the weekly events  


29 See the weekly events  


### Wednesday

2 Korbelt V: The Secret  
Dell'Art 8pm  
  
Native Landscaping  
Humboldt Coastal Nature  
Center 5-6:30 pm

9 See the weekly events  


16 Fortuna Rodeo 5pm   
Junior Rodeo 9am  
Rodeo Carnival @ Rohner Park  
Old Timey Country Night 5:30 pm  
@ Carlo Theatre  
Rodeo Street Games 6pm on  
Main Street

23 Clarke Museum All Ages  
Tour 1pm (free)

30 Sarah Donner  
Siren's Song  
7am Free 21+

### Thursday

3 Korbelt V:  
The Secret Dell'Art 8p  
  
Jackson Michelson  
C Street Market 6 pm

10 LC Diamonds  
C Street Market Square 6pm  
  
Trivia Night  
Logger Bar 8 pm 21+

17 Fortuna Rodeo 5pm   
Outlaw Country Night 6pm  
Carlo Theatre  
Fireman's Games 6:30pm Main St.  
 The Infamous Stringdusters  
HumBrews 8pm \$15

24   
Funky Dozen  
C Street Market 6pm

31   
Reggae on the River (starts)  
French's Camp  
An Evening of Story and Song  
Dell'Arte Big Top Tent  
Blue Lake

### Friday

4 Fireworks! 10 pm  
 Ferndale Main Street  
Old Town Eureka  
Arcata Plaza  
  
Fortuna's  
First Friday!  
6-9pm  
  
Trinidad  
Arts Night  
6-9pm

11 Arts Arcata!  
6-9 pm  
 Clarke Museum  
tour 11am (free)  
  
Blue Lotus Jazz  
Larrupin Cafe 5:30pm  
  
The Glories of Gloria Revue  
Carlo Theatre 8pm \$12

18  Northern Nights  
Festival (starts)  
10am Cooks Valley  
Campground  
Barn Dance 6pm  
Vet. Hall  
  
Fortuna Rodeo   
Motorsports Rodeo Night  
7pm @ Rohner Park  
Tourist Kidnapping  
12pm Fortuna Library  
  
McKinleyville Arts Night  
6-8pm

25  Dustbowl Revival  
Humbrews 21+  
9:30pm \$10  
  
Stand Up!  
Comedy All Stars  
ATL 8-11pm \$10  
  
Poor of New York  
NCRT  8pm \$20  
  
The Haunt  
The Siren's Song  
Tavern 9pm

### Saturday

5 Arts Alive!  
Eureka 6pm  
 Red Light Caberet  
Carlo Theatre  
10:30 pm \$20 18+  
  
Dungeon Heat: Bokor Dark...  
Synopsis 8 pm  
  
Lanphere Dunes Walk  
HBNWR 10am- 1 pm

12  Diego's Umbrella  
Humboldt Brews  
9:30 pm 21+ \$15  
  
The Glories of Gloria Revue  
Carlo Theatre (Dell'Arte)  
2pm and 8 pm \$8- \$12

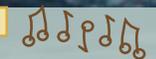
19  Humboldt Folklife  
Festival  
Blue Lake  
Northern Nights   
All Bikes by the Bay  
Samoa Drag strip  
  
Fortuna Rodeo   
Rodeo Parade 12 pm  
Main St.  
Bulls, Bands and Brews  
7pm  
  
Kiwanis Pancake  
Breakfast  
7am Rohner Park

26  Blue Lake Music  
Festival  
Perigot Park  
Stand Up!  
Comedy All Stars  
ATL 8-10pm free  
  
Blackberry Festival  
Westhaven fire Hall  
10am-6pm  
  
Movies Under the Mural  
Los Bagels, Arcata 9-11pm  
Back to the Future

### Sunday

6 Korbelt V:  
The Secret  
Dell'Art  
8pm  


13 Tour of Loleta 7:30 am  
& Swauger Station Day 11am  
Loleta Fireman's Pavillion  
  
Adult Skate  
Blue Lake Roller Rink 6:30pm

20  Northern Nights  
Rodeo Run/Walk 9am  
Rodeo Barbecue 11am  
  
Fortuna Rodeo   
  
Lost Coast Kennel  
Club Dog Agility  
Trial 19th-22nd  
8am-4pm  
  
Bird Walk 8-11am  
Southern Hum. Park

27 See the weekly events  


## Weekly Events...

### Monday's

Aber Miller and Drew Mohr  
Sushi Spot McKinleyville  
5-8pm  
  
Swing Dance Night  
Redwood Raks 7-10pm \$5  
  
Quiz Night  
Blondies Food and Drink 7 pm  
  
Friendship Circle Dance  
Moose Lodge 7-10pm \$4  
  
Jimi Jeff Open Mic  
Simon LeGee's Roadhouse  
Saloon 8:30 pm 21+  
  
The Getdown  
Jambalya 9 pm 21+  
  
Rude Lion Sound 21+  
Ocean Grove Lodge 9:30 pm

### Tuesday's

Ping Pong  
Logger Bar noon 21+  
  
Game Night  
Crush 5pm  
  
Dale Winget  
Cutten Inn 6pm  
  
Humboldt Cribbage Club  
Moose Lodge 6:15 - 9:30 pm \$7  
  
Buddy Reed  
Libation 7-9 pm  
  
The Opera Alley Cats  
SpeakEasy 7:30-10:30 pm 21+  
  
Sunny Brae Jazz  
Six Rivers Brewery 8 pm  
  
Good and Evil Karaoke  
Silver Lining 8 pm  
  
Karaoke w/ Chris Clay  
Cher-Ae-Heights Casino 8 pm

### Wednesday's

Whomp Whomp Wednesday  
Jambalaya 9:30 pm  
21+ \$5  
  
Salsa Night!  
9-12 pm  
Robert Goodman Wine \$5  
  
Rude Lion Sound  
Toby and Jacks 10 pm 21+  
  
Open Mic w/ Jimi Jeff  
Central Station 8 pm 21+  
  
Open Mic with Mike Anderson  
Old Town Coffee and  
Chocolates 6:30- 9 pm  
  
Eureka Fair Wage Act Meeting  
Labor Temple 6:15pm  
  
Humboldt Hard Court Bike Polo  
Highland Park 6 pm  
  
Aber Miller  
Larrupin Cafe 6 pm

### Thursday's

Seabury Gould  
Gallagher's Irish Pub 6:30 pm  
  
Open Mic  
Blondies Food and Drink 7pm  
  
Blues Night  
Redwood Raks 8pm \$5  
  
Karaoke with KJ Leonard  
Blue Lake Casino 8pm  
  
Karaoke with Chris Clay  
Bear River Casino 8 pm  
  
Open Jam  
the Forks 8:30 pm 21+  
  
Shugafoot Palm Lounge  
The Eureka Inn 9 pm  
  
Rude Lion Sound  
Sidelines 9:30 pm 21+

## Weekly Events...

### Friday's

Papa Paul  
Gallagher's Irish Pub 6:30 pm  
  
Shugafoot  
Speakeasy 8 pm  
  
Karaoke with Rock Star  
Central Station 9 pm-1 am  
  
Kindred Spirits  
Clam Beach Inn 10 pm  
  
DJs  
Sidelines 10 pm

### Saturday's

Karaoke with Chris Clay  
RJ Grin Lounge 9pm - 1:30 am  
  
DJ's  
Sidelines  
  
Toby and Jacks  
10pm 21+

### Sunday's

Public Skate  
Blue Lake Roller Rink  
2-5 pm \$5  
  
Potluck  
Logger Bar 6pm 21+  
  
Jazz Night  
Blondies Food and  
Drink 7 pm  
  
Cuban Salsa (Rueda  
de Casino)  
Redwood Raks World  
Dance Studios  
7-9pm \$5  
  
Open Mic  
Mosgo's 7-9 pm  
  
Karakoe with  
Chris Clay  
Cher-Ae-Heights  
Casino 8 pm  
  
Karaoke with KJ  
Lenard  
Blue Lake  
Casino 8 pm  
  
Accurate  
Productions  
Bear River  
Casino 8 pm 21+  
  
Deep Groove  
Society  
Jambalaya 9 pm  
21+



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# Emerald

MAGAZINE

# TRUE TO TRINIDAD

BY LARISSA LILLY | PHOTOS BY SHANNON PERKINS



True to Trinidad style, Bergeron Winery offers a selection of impressive wines at their elegant but laid back tasting room. What started as the owners' lifelong passion for wine has grown into what I would consider one of the finest wineries in our area. Where some tasting experiences can lack that certain "something" that makes you fall in love, every glass I had the privilege of tasting at Bergeron was a thing of beauty. Their Mendocino Chardonnay dances delicately on the line of sweet and dry without an overwhelming buttery or rich flavor that can often dominate the pallet, it is a fresh, delicate glass perfect for sipping along with a fresh seafood meal or to enjoy with a summer picnic. I invite you to try my other favorites, the Red Hills 'Monk Red', a Cabernet Sauvignon with subtle hints of chocolate and dark cherries and their award winning

Red Hills 'Mija's' Syrah. Their Syrah entices your pallet with accents of boysenberries and smoked meat. A winner of The San Francisco Chronicle Wine Competition Gold Medal, this is a glass no wine lover should miss.

As a small craft winery, Bergeron produces a handful of different varieties each season. Each of which is delicately processed until the owners' vision is achieved. Knowing their impeccable wines will only come to fruition if they obtain the perfect grapes, the owners of Bergeron actively seek out the finest vineyards to supply the Trinidad winery. At the moment, Bergeron is working with vineyards from some of the most prestigious viticultural areas in Mendocino County, Napa County and Lake County. Understanding the impact of having just the right mineral taste

in the soil, temperature shifts between day and night, and elevation for UV light and air quality, the owners scrutinize the grapes until they find the right base for their new batch. The owners make sure every moment of the fermenting and aging process is fine-tuned to produce just the right tasting experience. All their wines are aged in French oak which contributes a more subtle influence to the wine, allowing the flavor complexities of the choice grapes to shine through.

Bergeron Winery was established in 2007 and their tasting room opened in beautiful Trinidad last fall. The superb quality of the wines is a clear reflection of Bergeron Winery's attention to detail and artistic craftsmanship. I urge you to stop in. The beautiful décor invites you to relax and lose track of time as you sip on their lovely offerings. Cozy up and play a game of chess or checkers as you're surrounded by the gorgeous redwoods right outside the windows. The owners and family are in charge of the tasting room and are welcoming and happy to share their enthusiasm with you. In their words, they are attempting to create "wine as poetry." It is a fitting description of what they are accomplishing. The experience lacks in no way, just like their wines. Comfortably situated in Sander's Plaza right across from the Lighthouse Grill, an afternoon or evening at Bergeron is the perfect complement to an afternoon at the Sunday Farmer's Market or Trinidad's First Friday Art Nights.



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## An Amateur Crabber... And You Can Too!

Story By Shannon Perkins | Photos by Reid Parham & Greg Hennigan

So, you got crabs. Maybe they're from your friend who hangs out on the docks. Maybe they're fresh caught from the market. Maybe you pulled them out of the bay yourself. Crabs. In Humboldt County, there are Dungeness crab, a variety of rock crab, spider crab, and much more. There are regulations in place to ensure the longevity of the species, though still plenty in the sea to enjoy. California Department of Fish and Wildlife has this

to say about Dungeness crab, "The recreational fishery for Dungeness crab (Cancer magister) is open from November 2, 2013 through July 30, 2014. The daily bag limit is 10 crab, and the minimum size limit is 5¼ inches. Recreational crabbing is not allowed from vessels licensed for commercial Dungeness crab fishing. Review crab measurement methods and the current Ocean Sport Fishing regulations booklet for more Dungeness crab fishing information."

Every fisherman and woman will tell you to throw back the babies and female Dungeness. The babies will get bigger, and the females will make more. Other than that, grab your crab pods, head down to the docks or out on a boat, and enjoy those delicious crustaceans.

### Quick Cook Recipe:

- 1) Put fresh, live crab in a large pot.
- 2) Cover with water.
- 3) Boil for 7-8 mins/pound. Keep lid closed, but allow for venting. Be careful not to overcook. Raw crab can be cooked more, but overcooked crab gets rubbery.
- 4) Rinse and cool crabs. Flip them over a few times to rinse both sides.
- 5) Crack open, and enjoy!

\*\*Great with aioli, butter, or cucumber mignonette\*\*

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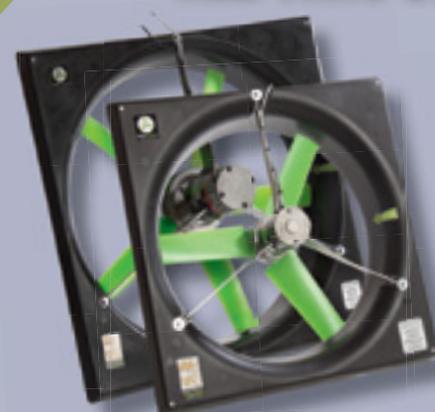
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STORY AND PHOTOS BY SEAN JANSEN

## SUP YELLOWSTONE NATIONAL PARK



It's summer. It's hot and you want nothing more than to go and jump into a body of water and cool yourself off. You are currently living in Bozeman, Montana and you have just about had your fill of the activities in and around that area. You have white water rafted, you have fly-fished, you have swam in high mountain lakes after an all day hike, and you have backpacked into the wilderness. But you want to try something new. You want to go somewhere you haven't been. And most importantly, you want to try something no one else has done. Or at least think no one else has done.

It is our human nature to push boundaries and try things to impress others. We as humans are very selfish and when you are a writer or photographer, it shows. My birthday was over the summer and as I described above, I had done all of those adventurous activities and did them repeatedly. I'm not trying to sound like I was bored of them but I wanted something new. In all honesty, I wanted to try something that reminded me of home.

I was living in Bozeman over the summer but I am originally from the ocean where I

grew up surfing. So I only lived in Montana for the summer and I had brought my stand up paddleboard with me so I could paddle on the lakes and rivers in the area, and had a blast doing it. But I had a trip in mind that I was unsure if anyone had done before, let alone if it was even possible.

Yellowstone National Park is about 100 miles from Bozeman. And my proposed trip was to load camping gear on top of my stand up board with waterproof bags and paddle into a back-country campsite along the shore of a distant lake. I had read that there were many in the park and all were possible with a canoe or kayak, but what about a SUP?

So on my birthday, I gave it a go. The day before I drove to the park and got a campsite near to the launch area. I had to get to the park headquarters and fill out the necessary backcountry permits just to be able to camp out there. So when they asked me what kind of vessel I was to use to get to the campsite and I told them what it was, it felt like a movie scene from a comedy where someone farted in a silent area with several people, and all turn and look at you slowly with an awkward bizarre look. They asked me again about what vessel I was to use and again I said the same thing. So we then proceeded outside where I was to show them because they couldn't believe me when I told them twice what it was. So with



SHOSHONE LAKE, YELLOWSTONE NATIONAL  
PARK, WYOMING

a few scratched heads, they gave me my permit and sticker to legally pursue a back-country site.

My proposed plan was to begin paddling on the morning of my birthday starting on one lake. And then paddling to another lake via a small channel between the two, approximately six miles from my launch site. So with the sunrise straight ahead of me, I took off. The channel that connected the two lakes together was about 3 miles away, so I had to paddle across open water, away from the shore to get to the opening. And it wasn't until then that I realized that this trip might be a bit scarier than I thought. What I pictured in my head was a gorgeous, serene, and quiet experience, where I could do nothing but enjoy my paddle in a beautiful national park, do some fly fishing, and just enjoy being in nature. But somewhere along that first paddle about half way to the channel, it hit me that I was alone. Alone in a very wild wilderness, where nature is everything. But things slowly began to fade from my memory when you see the sun rising in front of you and you see trout sipping flies from the surface of the lake, like one sips while enjoying a good glass of wine.

So with a few casts out to rising trout and another 30 minutes of paddling, I reached the opening of the channel. It was there where the beauty and the silence take over, and you simply realize how gorgeous the lord intended nature to be. I was in a slow moving body of water, fighting a small current where it was no wider than 20 meters. Shallow, crystal clear water where you can see species of trout and aquatic plants as clear as day. But it was quiet, too quiet. I enjoyed it and like I said, it was exactly what I wanted the trip to be, but it was so quiet that it was creepy.

But going through about four miles of that, I finally reached the lake where I was to set up and camp, kick back, and enjoy casting out to trout from the shoreline. Fishing off of the SUP was an interesting experience, and you can get to areas where you cant from land, but casting out without having to balance yourself, was a great feeling. And after a couple of fish later, I set up camp and did nothing but take in the view of a fresh breeze across the lake and the ending of the day with the ever colorful sunset.

Having only one nights worth of time there was obviously not enough, but when you are alone, and crept out from every noise you hear in the middle of the night, you begin to think that you may have seen enough. The paddle back was a joy, a joy in that it wasn't even a paddle. I had to fight a current on the way there so all I had to do on the way back was steer and take in the beauty. The channel was a blast of relaxation and beauty. The lake on the other side once through the channel, was a different story.

I had got to the lake where I launched and my car was parked, only to realize that the afternoon breeze had picked up and began early. I woke up early that day in hopes of being able to beat said wind, but nature intended something differently than expected. I wouldn't have expected anything less from her. So with a head wind on a SUP, it is like a sailboat going against the wind but up river as well. So needless to say, my trip back to the car was a workout. But during that workout, I couldn't believe that the trip was possible and so rewarding. So there are other trips planned in different situations around the globe and I truly wish that I could pursue more adventures with this new concept.



Beautifully Crafted Ethiopian Clothing

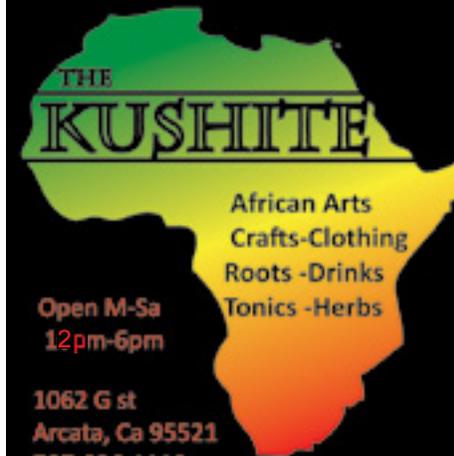
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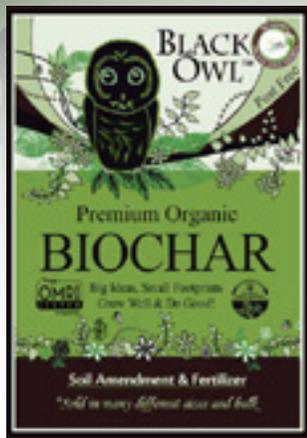


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What's Going On in the Garden?



By Tim Dower  
TRGC Nursery Manager

The Summer Solstice has come and gone and our mostly mild summer days shorten by seconds, and soon minutes. As our gardens are now beginning to bear summer produce now is the time to contemplate how your garden can be greater. The result of your effort during spring is evident. Take note of what has worked this year and which areas and methods need improvement or revision for the year to come. Fall is not far away and that is the season when proper soil preparation resumes. Stay on the lookout for methods, tools, and raw materials that are discovered or rediscovered by other farmers that can contribute to your success.

**Biochar – Terra Preta di Indio**

One agricultural practice that has been gaining recent popularity is the Amazonian method of creating “Terra Preta di Indio”. Terra preta di indio translates to “indian black earth”. Creating “Terra Preta” is the method of using biochar to condition or rehabilitate poor soil. “Biochar” is a type of charcoal that is intended to be mixed into soil to improve soil function for plant growth. The addition of biochar to soil also happens to be a means for reducing greenhouse gas emissions and permanently sequestering carbon. Biochar improves the quality of your soil while improving the environment as a whole.

**Quality Biochar**

The quality of charcoal varies with the method by which it is produced. A quality biochar should not be excessively moist and should have low ash content. Quality biochar is light-weight which normally equates with its porous nature. Quality biochar is made from sustainably harvested or produced biomass. The best biomass is considered to be clean hardwood. The biomass is burned in the absence of oxygen which results in a product with an extremely high carbon content. The final charcoal product is ground nearly to a powder.

**Biochar in the Soil**

Biochar granules or powder are extremely porous and therefore have a vast surface area. When incorporated into soil this porosity increases the soils ability to retain water as well as allows for increased air permeability into soil. Both the increased water and air retention in the soil improves the texture and tilth of soil, which is naturally prone to compaction.

Healthy soil can be identified by the microbes present and the amount available nutrients. Biochar has been shown to stimulate and support live

microbial elements in soil. Soils with abundant, diverse populations of microbes have increased nutrient cycling efficiency and have a living check and balance system for disease in the root zone. The extremely porous surface area of biochar particles may act as microbial refuges.

Aside from nutrients made available by microbes, biochar increases plant available nutrients in soil by increasing the cation exchange capacity (CEC) of soil. The CEC is the limit to which nutrients can be stored by soil. Biochar helps soil hold on to crucial elements for plant growth. Biochar also has slight liming effects on soil. In general plants grow best in soils that are just under neutral on the pH scale (6 to 7). A plant’s roots absorb the widest variety of nutrients at sufficient quantities when soil pH is near 6.5. In other words, biochar can help restore nutrient availability in overly acid soils.

**Biochar Helps Plants Fight Disease**

The Department of Plant Pathology and Weed Research, Institute of Plant Protection, The Volcani Center, published a paper titled, Induction of systemic resistance in plants by biochar, a soil-applied carbon sequestering agent. The publication, in a 2010 volume of Phytopathology, states that plants grown in medium (soil or potting mix) composed of 3-5% biochar by weight showed a resistance to certain commonly associated pest problems. Plants grown in soil/medium amended with biochar had lower occurrence of powdery mildew (*Leveillula taurica*) and, in a separate trial, grey mold (*Botrytis cinerea*). The study also showed pepper plants planted in biochar mixes resisted broad mite (*Polyphagotarsonemus latus* Banks) infestations. The reasons for the increased resistance to disease and infestation are still up for research and discussion.

**Biochar vs. Climate Change**

Biochar can be a tool against human-induced climate change. When biochar is added to soil, carbon that would have escaped into the atmosphere is locked into the soil matrix. In the form of biochar, carbon is not available to be part of greenhouse gases. The widespread use of biochar has potential to boost long-term agricultural production and reverse the current and past excess inputs of greenhouse gases to the atmosphere.

**Persistence is key**

According to McLaughlin et al in Not all Biochars are Created Equal, “The thermal modification of biomass is significant because it results in a pivotal property of biochar – the ability to persist in the soil by not being susceptible to biological decay. Persistence basically makes biochar a soil ‘catalyst’, in the sense of facilitating reactions beneficial to the soil dynamics, and not a consumed raw material. Soil raw materials are substances like fertilizers and other components that are either assimilated by living systems (plants, soil microbes) or gradually transformed, such as in the case of the breakdown of peat moss, compost or manure in soils.” For gardeners, soil is a resource and an investment. Biochar brings bang for the buck as the porous nature of biochar particles is “stable in the soil for millennia” (McLaughlin et al).

Come see us at the Trinity River Garden Center for more ideas on how to sustain and improve your soil and yield with garden ideas and additives.

We want to see your garden be a success.

# YOUR WEEK AS ONE OF THE FOLKS

STORY & PHOTOS BY ANDREW GOFF



(above) Rooster McClintock

Humboldt life seems to slow down a bit during the summer months. The students are away allowing you to move that much more freely about the county. Once seemingly important projects suddenly take a back seat to a day (or ten) at the river. And, each July, the fine folks of the Humboldt Folklife Society decide for you that you can fit an entire week of music into your schedule. Hopefully they are not wrong.

Yes, it's once again time for the annual week-long Humboldt Folklife Festival, which will again propel the sounds of strummed strings and vocal harmonies into ears gathered in (mostly) Blue Lake this year from July 12 through 19. Let's take a look now at how the week will play out:

**Saturday, July 12: Festival Kickoff at Mad River Brewery, 6-9 p.m.**

Your eight days of music begin in low-key, informal fashion out Taylor Way with some beer, some sunshine and stringed-out festival veterans **Clean Livin'** and **Pilot Rock Ramblers**.

**Sunday, July 13: Annie and Mary Day at Perigot Park, noon-6 p.m.**

Since 1967, the Blue Lake Chamber o' Commerce has held this annual event — which later became part of Folklife Festival proceedings — to celebrate the historic Arcata Mad River Rail Line. The “Annie” and “Mary” in question were Annie Carroll and Mary Buckley, railroad

company-employed bookkeepers from the turn of last century. Apparently, they made an impression.

Yes, there's a parade, vendor booths and grub options. But as with all the week's gatherings, the main event is the music. This year's lineup features **Timber Ridge Boys** (noon), **Bayou Swamis** (1 p.m.), **Kingfoot** (2 p.m.), **The Vanishing Pints** (3 p.m.), and **Cadillac Ranch** (4 p.m.).

**Monday, July 14: Songwriters Night in Dell'Arte's Big Hammer Tent, 7:30 p.m.**

The sounds move inside Dell'Arte's giant circus-ish tent for the next two nights beginning with Monday's songwriter-heavy evening, an intimate show allowing some of Humboldt's most adept musical wordsmiths the opportunity to play a few tunes while discussing the unique nuts and bolts they put into their songs. This year features **Joanne Rand**. Chris Parreira's latest project **Lemon Lemon Cherry** and duo **Mo and Morgan**.

**Tuesday, July 15: Jazz Night in Dell'Arte's Big Hammer Tent, 7:30 p.m.**

The sounds emanating from the tent will be a bit more eclectic on Tuesday when the festival veers

slightly off course for Jazz Night, a showcase for some of the most musically virtuosic performers. This year's fingers to watch belong to **RLA Trio**, **Gregg Moore** and **La Musique Diabolique**.

**Wednesday, July 16: Old-Timey Night in Dell'Arte's Amphitheater, 6 p.m.**

The next two nights of the festival move into Dell'Arte's grassy Rooney Amphitheatre. Tickets for Wednesday night's loosely themed Old-Timey night may be hard to come by due to the presence of the, these days, infrequently heard from headliners **Huckleberry Flint**, winners of many a “Humboldt's Best Band.” Filling out the night will be local pickers **No Good Redwood Ramblers** and **Raising Grain**.

**Thursday, July 17: Outlaw Country Night in Dell'Arte's Amphitheater, 6 p.m.**

Blue Lake has a pretty rowdy history. Relive some of its outlaw spirit on Thursday with some of Humboldt's wildest, high-energy twang slingers. Specifically, honky tonkers **Rooster McClintock**, the party boys of **Cliff Dallas** and **the Death Valley Troubadours** and punkgrass fire of **Gunsafe**.



(above) Huckleberry Flint



(above) Huckleberry Flint

**Friday, July 18: Festival Barn Dance at Arcata Vets Hall, 7:30 p.m.**

May we interest you in a hoedown? The festival moves to Arcata for one night for its annual barn dance. Dosey Doe to the sounds of local party starters the **Striped Pig Band**. No partner? No experience? No problem.

**Saturday, July 19: Annual All-Day Festival at Dell'Arte, 11 a.m.**

The main event. The festival goes out with a bang on Saturday filling much of downtown Blue Lake with a free day full of local music

on two stages, plus food carts, vendor booths, workshops, sing-a-longs and more. Let's just have a look at the line-up, shall we?:

**Amphitheater Stage**

- 11 a.m. - Blue Lake Rising Drummers
- 12 p.m. - Lyndsey Battle
- 1 p.m. - Mad River Rose
- 2 p.m. - Compost Mountain Boys
- 3 p.m. - Old Dog
- 4 p.m. - Jan Bramlett
- 5 p.m. - Kenny Ray and the Mighty Rovers
- 6 p.m. - SoHum Girls
- 7 p.m. - Absynth Quintet

**Street Stage**

- 10:45 a.m. - Jeff Kelley
- 11:45 a.m. - For Folk Sake
- 12:45 p.m. - Wild Iris and the Bakersfield Boys
- 1:45 p.m. - Belles of the Levee
- 2:45 p.m. - Head Shakers
- 3:45 p.m. - Firesign
- 4:45 p.m. - Lalona
- 5:45 p.m. - Josephine Johnson
- 6:45 p.m. - Kindred Spirits

... and that's how you live the Folklife. For more info, check out [humboldtfolklife.org](http://humboldtfolklife.org).

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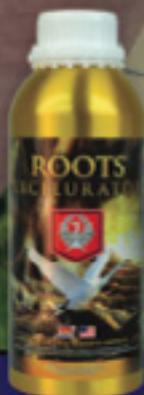
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