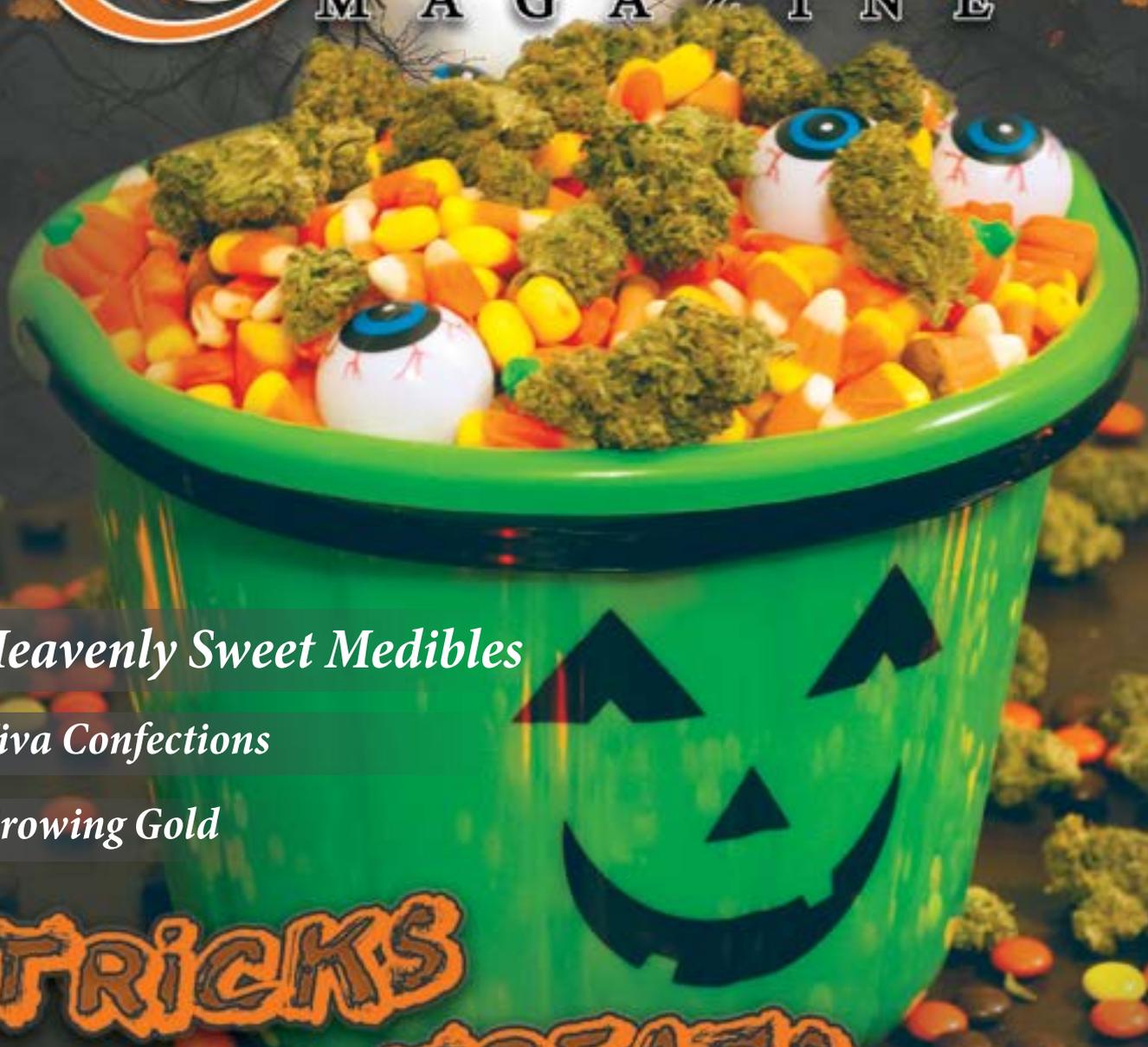


FREE

# Emerald

M A G A Z I N E



06 *Heavenly Sweet Medibles*

17 *Kiva Confections*

32 *Growing Gold*

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AND TREATS  
EDITION

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# Tricks & Treats



## Dear Reader,

Happy Halloween! From cannabis candy to cannabis cocktails, we've got what you're craving this Halloween season.

Whether you've begun harvesting your garden or hunting for the perfect costume, October is a month of celebration. This month we've brought you a few Tricks and Treats for the season, featuring edibles from California to Colorado.

Heavenly Sweet Medibles live up to their name with their signature sweets. From crispy rice treats to crownies (cake brownies), owner and founder Sheila has been putting the W in WOW for quite some time.

Companies like Kiva are setting the bar in the edible industry. Their chocolates confections are redefining what it means to produce high-end chocolate.

For every other edible craving, we've compiled some of our favorite recipes for what we like to call *Big Kid Candy*.

Join us next month for our Harvest Edition, as we bring you a more in-depth look at the industry and the way in which cannabis comes to be.

Sincerely,  
Christina DeGiovanni, Publisher

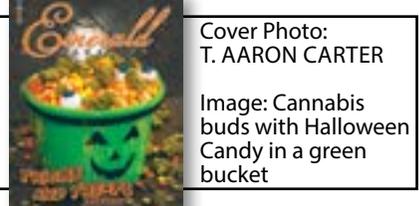


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- California
- 06 **Heavenly Sweet Medibles**  
The WOW Factor
  - 08 **Sunboldt Grown Cooperative**  
Boutique at its Best
  - 14 **Mad River Farms**  
Jam Out When Flavor's About
  - 17 **Yummedibles**  
Redefining Cannabis Confections
  - 18 **Sweet Homedibles**  
Mastering the art of Homemade Edibles
  - 20 **DIY Halloween Treats**  
Putting the Good in Goodies
  - 23 **Incredible Edibles**  
Epic Delight
  - 24 **Tricks and Treats**  
That Are Good to Drink
  - 27 **Ask An Attorney**  
Eaters Beware
  - 32 **Growing Gold**  
2015 Winner of the Golden Tarp Award
  - 41 **The High Life**  
Slut Shaming
  - 42 **Harvest Hints**  
What to Know
  - 44 **Pot Talk with Emily Hobelmann**  
Loopy Fruit
  - 46 **Human Places, Inhuman Monsters**  
Master Monster Artist, James DeRosso
  - 56 **My Bust**  
Founder of the Arcata Eye shares his experience with Cannabis in the Military
  - 58 **In My Humboldt Opinion...**  
Opinion columnist Matthew Owen gives his perspective on recent cannabis activity



Cover Photo:  
T. AARON CARTER  
  
Image: Cannabis buds with Halloween Candy in a green bucket



46

- Colorado
- 22 **Munchie Delights**  
Colorado's Edible Explosion



- Vermont
- 50 **Tricks and Treats on the Burlington Streets**  
Halloween Scene



- Texas
- 53 **Trick or Treat?**  
This treat is for many!
  - 55 **Texas Cannabis Report**  
Texas Game Wardens Arrest Dallas Fort-Worth NORML Members in Hopes of Seizing their Boat

Corrections for September 2015

The *Emerald* mistakenly published Royal Budline's CBD spray as medicine that can be administered under the tongue. Royal Budline's CBD spray is strictly topical and should only be applied to the skin.

The *Emerald* published images of Humboldt Organic Collectives garden which were not properly attributed. Our sincerest apologies for the confusion.

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# Heavenly Sweet Medibles

The wow Factor

-Molly Cate-

Everything about Heavenly Sweet Medibles is a wow – their dedication to best industry practices, the size of the business and variety of products, the range of special dietary needs tackled, and the quality of their goods, oh my, the heavenly quality! This is a cannabinated food business totally motivated by excellence. Heavenly sweet and devilishly good!

Owner and creator Sheila tells their start-up story at their website, [heavenlysweetmedibles.com](http://heavenlysweetmedibles.com). About 10 years ago, she was dismayed by the poor quality food she found at a local dispensary in the Sacramento area, just unevenly sized, badly shaped, and unreliably dosed crispy rice treats. That fired up a vision to do so much more, so much better. Now, she and her ten employees set high standards for medibles manufacture.

Heavenly Sweet's culinary professionals understand food safety, ingredient quality, dependable medicine delivery and delightful presentation. Like the best cannabis growers, they espouse kind relations to community, environment and

people, championing quality over a mere 'bottom-line' mentality. A healthy bottom line is essential for any business, but here it is in service to the company's mission, "The patient always comes first" and to providing employee benefits. Consider the difficulty of this, providing benefits in a regulatory world that is still hostile to or clueless about cannabis-businesses. Courageous Sheila is not hiding in the shadows; she is leading the way.

In their spotless commercial kitchen, culinary specialists follow all the state and county food safety laws that don't even apply to them yet. (See my article about the lack of governmental food safety scrutiny, "Medibles and So Much More," in the September issue.) They use a professional linen service and good bottled water. And for the past 3 years, all of the cannabis used in their products has come from mindful farmers in Humboldt County who also use best practices in their gardens. Everything is tested for purity as well as reliable dosage. Consumers are assured of no chemical or pesticide residues, no mold or mildew. The medicine is grown healthy in Humboldt, the foods are prepared with total food safety in mind and cannabinoid profiles are laboratory determined.

Heavenly Sweet Medibles is actually quite a bit more than desserts. With 120 items available, their product line is not quite from soup to nuts (yet), but close. Goodies range from breakfast cereals (start your day right any time of day) to snacks

to dessert. A few years ago they made pre-packaged, frozen entrees but the market was not ready for that vision. Without the volume of sales needed for fast enough turnover of frozen stock, their admirable standard of excellence dictated dropping those products for now. They do still have personal pizzas. And bags of munchies of several kinds. And spreads/butters. And potsicles, yes, potsicles.

Desserts definitely constitute the broad base of the product line though, even several beautifully elevated versions of the no longer humdrum crispy rice treat. Also sherbet and ice cream in a generous array of flavors. Chocolates. Lemon bars.

A kind of a compact sandwich cookie/brownie called a squookie, also in many flavors, pound cake, zucchini bread, brownies, and 3 kinds of banana bread. Gluten-free and sugar-free options too. The breadth of offerings is amazing and the visual appeal of everything is top shelf. They intend to carry a line of CBD-rich medibles too, as soon as they can secure a consistent source for the medicine.

Be patient with their website. Not all items are available to view, though the descriptions are there, while the site is being rebuilt. Deliveries are made to dispensaries from San Francisco to Tahoe to Modesto; and to Arcata and Eureka dispensaries for Humboldt County 215 cardholders. The potential for expansion is promising for this business. It is easy to imagine a full line of medicated foods from the world's cuisines, covering all courses and every meal of the day - appetizers and entrees, breakfast, lunch and dinner. Sheila has a healthy respect for cannabis as medicine and expects continuing expansion of the number of medical conditions it eases. Sheila's vision is heavenly sweet (and heavenly savory) indeed.

HUMBOLDT  
MEDICINE



Story & Images

-Sharon Letts-

# Sunboldt Grown Cooperative *Boutique at its Best*

Sunshine Johnston came to Southern Humboldt County when she was just seven years old. She graduated from Humboldt State University with a Bachelor's of Science in Geology with her senior thesis on the "Structural Geology South of Punta Gorda, Mendocino Triple Junction Region." The degree led her to work on road inventories for Humboldt Redwoods State Park, and a gig with Pacific Watershed Associates, but today her day job (for the time being) is brokering wine for local vineyards.

A supposed recreational user of cannabis prior, Johnston discovered her medicine after a wrist injury.

"I had made a topical salve for my wrist, the 215 card came later when I realized I was medicating for chronic pain," she shared.

Since making that first jar of salve Johnston has expanded her apothecary cupboard, adding infusions with many bases, including raw hemp milk, nettles, hydrosol, and other healing herbs from the garden.

"I grow flowers mostly for the connoisseur," she explained. "My Loopy Fruit is being reviewed by Emily Hobelmann in this issue."

Looking forward to Emily's review as this writer partook in the strain. At the end of our interview the photo-shoot became somewhat of an odyssey, creating an interesting mix of photos, to say the least. Reminding me of the quip, "Cannabis forces us to be more creative than we really are."



## Letts Garden...

*Sharon Letts writes internationally on Cannabis as medicine for several publications.*

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## Pot Talk with Emily Hobelmann

This edition of Pot Talk features Loopy Fruit, a proprietary strain from the Sunboldt Grown Cooperative, a Humboldt County farm based in Holmes.

pg 44-45

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### Quality

Sunboldt Grown Cooperative produces many products from cannabis, one of which is their Shrek Honey below.

“My extracts are all made from fresh bud infusions,” she continued. “I use many different bases. The salve is used primarily on acupoints; the infused honey I love because it tastes good; the infused coconut oil is used for baking. I also make a probiotic nettle brew used in the garden.”

Aside from the salve that quells the pain in her wrist, Johnston said she juices fresh bud and leaf, preventive against illness, and giving a general sense of well-being.

Her garden is tucked away in a Southern Humboldt backwoods kind of way, surrounded by redwoods. Her home is colorful, warm and filled with friendly faces busily working on projects involving the plant. The garden is a mix of flowers, vegetables, herbs, and places to hang.

Today, Johnston is a farmer, joining the ranks within the Emerald Triangle of Humboldt, Mendocino and Trinity counties, helping to make a difference as legalization looms in the state.

“With regulations, I will expand from an experimental research based garden and go into production,” she informed. “I’ll be competing for top shelf placement in a high-end market, and have a farm-to-table-like model.”

Being a part of the cannabis community in Northern California is important to Johnston, and she’s planning outreach to help others in the mix.

“Education is important in this industry, as the stigma was created based on misinformation,” she said. “I’ll be building community by offering workshops and other services as needed.”

A former board member of the progressive group, California Cannabis Voice Humboldt, Johnston attended both stockholder meetings that took place in the fall of 2014. She’s now looking forward to positive changes within the cannabis community.

“I’m looking forward to public participation and working on the best management practices and watershed stewardship,” she added. “California has taken a lead role in regulation by making licensing attainable and allowing for local control. We have yet to see the how the governing agencies will work out the details, such as the possibility of limited distribution licenses in the hands of big corporations that could potentially dilute the Humboldt brand. Lack of direct sales will hurt the small farmer and culture, with unnecessary lab testing and associated fees and taxes passed onto the consumer.”



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Left: Rich soil with live worm castings



A posted sign outside Sunboldt Grown Cooperative informing visitors of the medical marijuana garden.

The sign reads, "Please do not disturb."



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Watershed stewardship is a big deal in California and cannabis farmers have been garnering more criticism in recent months than almond farmers, who are purported to use nearly one gallon of water to produce one almond.

As farmers in Humboldt install rain catchment systems, invite inspectors onto their properties, and get permitted in this historically covert region, positive change is coming for good medicine and the healing that follows.

"During our recent series of town hall meetings we brought in experts on water conservation, and were told that even in a drought we could gather enough water to care for our crops," she said. "Cannabis farmers will take the lead in responsible water use for agriculture in the state."

Johnston waxes poetic on Humboldt's role in the development of cannabis strains and improved efficacy of the plant in general. A plethora of cannabis strains, including cannabinoid (CBD) only strains, were developed in Southern Humboldt, freely shared and sold across state lines for years.

"One of the reasons the Emerald Triangle is a leader in producing and growing quality cannabis, and has the highest concentration of farmers, is that we have always willing shared information," she advised. "It's not like that in places like Colorado and Washington. As we enter a competitive marketplace it's important not to lose this part of our cultural heritage that sets us apart from other places."

For more information on Sunboldt Grown, visit [Sunboldt.org](http://Sunboldt.org)

Written by Jami Eiring

# Mad River Farms

## Jam Out When Flavor's About



A local caregiver stood in front of Mad River Farm's table at the Humboldt Artisans Craft and Music Festival looking at their jams. "Would you like to taste something?" Robin Bartlett, owner of Mad River Farm, asked. "No I'm very familiar with your product," the caregiver said. "I have a client that will only take her medication if it is with your jam." This is one of Bartlett's fondest Mad River Farm memories and it happened shortly after she and her husband purchased the company in November of 2014.

Mad River Farm was founded in 1986. The original owner developed hand crafted recipes still used today for hand poured jams, jellies, and sauces. All products are made in Humboldt County and distributed to most markets throughout the county, and through mail order to other parts of the state. Mad River Farm produces what the FDA calls "fancy grade jam," equal parts sugar and fruit, considered a low sugar jam. "Fruit is the first and main ingredient in our jams," Bartlett said.

Bartlett, who grew up on an orchard in Trinity County, has always been interested in preserving; her mother canned everything and taught her how. She says that local ingredients make Mad River Farm's product special. "I use as many local ingredients as I can possibly get." She tries to get blackberries and huckleberries from local pickers. Berries that do not grow in Humboldt County are shipped in frozen. Their apple products are made with apples from local orchards; they also freeze their own applesauce, later to become apple butter.

Devoted to the world of produce, they also have a garden of their own. "We're able to grow great batches of tomatoes, corn and green beans, and I can them to use in the wintertime," Bartlett said. "Those aren't the only things we grow, of course, we have a large garden."

Right now, Bartlett and her husband, who devote 50 to 60 hours a week to the company, are doing all the work. "The only thing used, machinery-wise, is the cooking kettle we use to stir," Bartlett said. "We pour it in jars, put the lids on, and distribute it all ourselves," but they are hoping to expand the business in the near future. Bart-

lett said she hopes that by spring they will be able to hire someone full time. "We do all of the cooking, jarring, packaging, shipping and distributing," she said, "It's all us and it takes a lot of work." Bartlett said her husband usually comes in and starts the batches, and she will help finish them – but she can start and then he will help her pour. "We both can do everything," she said. Most of the time, though, he is in charge of labeling and distributing while she is in charge of making sure they have the right inventory, shipping and cooking materials.

Mad River Farm produces a wide variety of jams; from apricot to jalapeño to slug slime (apple butter with a twist). They also offer fruit toppings and barbecue sauces. Their products can be found in markets around Humboldt County, as well as Los Bagels, Wildflower Cafe and Bakery, Lighthouse Grill and Trinidad Eatery. Mad River Farm even ships four gallons of product, at least once a week, to a restaurant chain in Southern California called Urth Café. "People like our jam because of the real fruit flavor that's in it," she said. "Besides the fact that it is hand crafted. I think that is one of the things that draws people to it."

Another great memory Bartlett has as owner of Mad River Farm is of a woman in Florida telling her the reason she orders their jam is because it is the only jam her grandson will eat. "And I was just like, wow," Bartlett said. "People love our jam."



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## KIVA CONFECTIONS

# Yummedible Sweets

## Redefining Cannabis Confections

Written by Molly Cate | Images by Pearl Sweetcakes

**M**any cannabis-card holders are in a bind. They have illnesses or take pills that ruin their appetites though food is essential fuel for healing. If you or someone you care for is in that tough spot, Kiva Confections can help in the sweetest way. Kiva is a Bay Area company with the mission of "redefining cannabis confections." By that they mean employing expert chocolatiers using best food safety practices to produce the highest quality, artisanal chocolates and guaranteeing accurate dosages in each medible they make. Their chocolate bars, bites and minis have garnered multiple awards, including Best



Edible at both the San Francisco and LA High Times Cannabis Cups in 2013 and come in a wide range of flavors – traditional milk or dark chocolate, of course, plus Blackberry Dark, Mint Irish Cream, Espresso Dark, Vanilla Chai, Tangerine Dark, and Blueberry Milk & White.

“  
Voted Best Edible  
at the San Francisco  
and Los Angeles  
High Times Cannabis  
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”

Kiva

Kiva Confections carries a variety of cannabis infused chocolates.

The cannabis they use is organic. You can view more pictures of their garden on their website, [Kivaconfections.com](http://Kivaconfections.com). THC strength is analyzed during several steps in the production process for every batch, ensuring consistent quality, and their labeling gives detailed information on the contents. CBD medibles are in development. Keep an eye out for that. Kiva Confections ship throughout California, though not out-of-state yet because of federal bigotry.

With a growing business to run (40 employees and counting), co-founder (with Scott Palmer) Kristi Knoblich has written movingly about the rewards of running a sample booth, how talking to patients reminds her that their business is more than meetings, scheduling, payroll and phone calls. Patients come to the booth to thank them for the medicine they provide. Kristi wrote of one such visitor, "She looked me straight in the eye and told me that Kiva had saved her life by allowing her to give up her addiction to alcohol." That's the kind of input that keeps the people at Kiva proud of what they do.

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## Sweet Homemedibles

If the yummys from Kiva Confections inspire you to do some cooking of your own; think outside the box.

The box of brownie mix, I mean. Canna-butter and canna-oil can be used to make lots of homemade goodies and few require advanced cooking skills. THC is fat-soluble, so any palatable source of lipids will bond with it and deliver the goods; nut butters, Crisco, cream, even whole milk (chowder, anyone?). Let's get creative!

### Goo Balls...

Gently Roasted Cannabis Flower or Leaves

Peanut or Almond Butter

Chocolate chips or Raisins

Rolled Oats

Flaked Coconut

### method...

One of the easiest sweet goodies to make is the trail mix-like concoction that elders like me call Goo Balls. Mix lightly dried, finely cleaned and ground, maybe even gently toasted, cannabis flowers or leaves with peanut or almond butter. The volume ratio will be your call, maybe 1:2; it depends totally on the potency of the green stuff. Stir in chocolate chips or raisins, rolled oats, flaked coconut. Add nuts, if you like, or mini-candies. Use your imagination. Just remember, the more add-ins, the less potent each piece will be. Experiment (you get to eat the 'failures') to find what you like best and how strong you want them to be. Knead the goop and when well blended, roll into individual balls about 1" in diameter. Wrap each ball in waxed paper and refrigerate. They freeze well too.

- Molly Cate



# Chocolate Cream Cannabis Cake

by Molly Cate

How about a nice homegrown, er, I mean homemade pie? Each and every layer can be cannabinated. The Crisco, lard or whatever fat combo you use in either a Graham cracker or white flour crust can be mixed with the green or with any extraction, and definitely the whipping cream can be simmered with leaf or mixed with oil.

Enhancing just the filling makes a fine pie, though. And, no, you don't have

to make a milk-based pudding: I've got a recipe that's guaranteed easy to make and proven delicious. It uses silken tofu. Don't knock it till you've tried it.

Whip one 1-lb. block of silken tofu in a food processor or blender. Add ½ cup cannabis oil extraction, 1/3 cup of coffee liqueur or strong coffee and 1-2 tsp. of vanilla extract. Melt (easiest way is in the microwave) 2 cups of chocolate chips (I use Guittard) and pour directly into the

tofu mix, while it is blending. Pour into the crust and refrigerate for at least two hours. Top with whipped cream. This stuff makes an excellent pudding too, all by itself.

Here's one more use for this chocolate filling, parfaits. In the June 2015 Emerald (p. 18), I offered a recipe for One Bowl Yellow Cake. Bake the cake in a loaf pan so you can easily cut it into 1-inch slices when it is cool. Fill a large clear bowl or tall, fancy, clear glasses or sundae cups with layers of cake and filling, and then top with dollops of whipped cream. Or use 3 layers – cake, strawberries or raspberries (or jam), then filling. Whipped cream on top and a berry or two. Luscious.

“ This stuff makes an excellent pudding too, all by itself. ”

“ Add ½ cup cannabis oil extraction, 1/3 cup coffee liqueur or strong coffee and 1-2 tsp. of vanilla extract ”

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# Putting the Good in GOODIES

## Butter Makes Everything Better

Begin each recipe by infusing butter or coconut oil with your choice of cannabis leaves, trim, keif or flower. After straining the butter and removing excess cannabis, allow it to cool overnight.



### Witch Fingers

- 1 cup of cannabis butter
- 1/2 cup of Sugar
- 1 Egg
- 1 teaspoon Vanilla Extract
- 1 1/4 cup of Flour
- 1 teaspoon Baking Powder
- 1 teaspoon salt
- 1/2 cup of almonds
- Green Food Coloring

Preheat your oven to 350 and prep a baking sheet.

In a mixing bowl combine the cannabis butter, egg, salt and sugar. Add vanilla extract and food coloring (if the mix ain't green enough for ya). Then gradually add flour.

From your green ball of goo, shape lady fingers. Add the almonds as finger tips and bake for 10 minutes.

### Find More Inspiration

FROM: lepetitbriocher.blogspot.com

PINTEREST: Christarose



### Ghostbusters Green Slime Popcorn

#### Ingredients:

- 1/2 cup cannabis butter / infused coconut oil
- 1 cup light brown sugar, packed
- 2 tablespoons light corn syrup
- 2 cups of mini-marshmallows
- 1 teaspoon vanilla extract
- 6 drops each green and yellow food coloring
- 8 cups popped popcorn

#### Instructions:

1. Place butter, brown sugar and corn syrup in a 3-quart sauce pan. Cook over medium heat until sugar is dissolved.
2. Remove from heat and add marshmallows and vanilla extract. Stir until smooth.
3. Add the green and yellow food coloring to create desired color.
4. Put the popcorn in a large bowl and pour the "green slime" marshmallow mixture over the popcorn. Stir with a large spoon until coated. Cover until ready to serve. Store in an airtight container.

### Find More Inspiration

FROM: foodbeast.com

PINTEREST: Cgwilcoxon



### Franken Krispie Treat

#### What you'll Need:

- 7 cups of Rice krispies
- 1 cup of [melted] chocolate
- 4 tbsp of cannabis butter
- 5 cups of marshmallows
- Chocolate sprinkles
- Candy eyes & ears
- Green food coloring (optional)
- Popsicle Sticks (optional)

In a large pot over a medium flame combine the cannabis butter and marshmallows. If the batch isn't green enough add food coloring.

Mix in the rice krispies until all the ingredients are submerged.

In a greased baking tray, shape the Franken Krispies. Add eyes and ears before the krispies harden.

Allow the Franken Krispies to harden in the refrigerator.

When hard, melt the chocolate and dip the top of the treat in it.

Add a popsicle stick to the bottom if desired.

### Find More Inspiration

VISIT: cleanandscentible.com

PINTEREST: Jiff



### Spider Egg Pudding

- 1/3 cup Granulated Sugar
- 2 cups instant cooking Boba
- 1 cup of Milk
- 1 cup of cannabis butter
- 1 Egg, beaten
- 1 teaspoon Vanilla Extract

Combine the sugar, boba, milk, butter and egg in a sauce pan over medium heat. Stir until the mixture thickens. Let it sit for five minutes without heat.

### Find More Inspiration

VISIT: boulderlocavore.com

PINTEREST: boulderlocavore

## The Farmer's Daughter

### CHOCOLATE CAKE WITH RASPBERRY FILLING

Sacramento NORML, Food Editor: Executive Chef, Shelby Lucero

#### Ingredients For the Cake:

- 1 1/2 cups all-purpose flour
- 2 grams of keif
- 1/2 cup unsweetened cocoa powder
- 1 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon salt
- 1 cup unsalted butter, at room temperature
- 1 cups sugar
- 2 large eggs
- 1 cup sour cream

#### For the filling:

- 1/2 cup raspberry jam or 1/2 cup cherry jam, best quality
- 1 teaspoon water

#### For the frosting:

- 5 ounces semisweet chocolate, coarsely chopped
- 1/2 cup sour cream, at room temperature
- 2 grams of keif

#### Instructions:

Place oven rack in center of oven. Preheat oven to 350-degrees F. Butter and flour a 9 1/2 x 5-inch loaf pan, tap out excess flour. Place prepared pan on an insulated baking sheet or on two regular baking sheets stacked on top of one another.

#### For the cake:

In a medium size mixing bowl, whisk together the flour, cocoa powder, keif, baking powder, baking soda, and salt. Add butter and sugar to a bowl of a stand mixer fitted with a paddle attachment; beat at medium speed until very light and fluffy, about 3 minutes. Add eggs one at a time, beating for 1 minute after each addition. Decrease speed to low and add sour cream. Maintain low speed and add dry ingredients; mix only until they disappear into the batter. Stir batter one final time with a stur-

dy rubber spatula and scrape batter into prepared pan. Bake for 60-70 minutes, or until a knife inserted into the cake comes out clean. Check after 45 minutes of baking, if the cake is browning too quickly, cover loosely with foil. When cake is done, transfer to cooling rack and let the cake rest for about 5 minutes in pan. Gently turn cake out on cooling rack and let cool.

#### For the jam filling:

Whisk together jam and water in a small pan over low heat or in microwave safe measuring cup. Heat thoroughly, stir until smooth. Set aside.

#### Fill the cake:

For a perfect rectangular presentation, if the top of the cake is uneven use a serrated knife to carefully level it. Cut the cake into 3 even layers lengthwise with a serrated knife. Put the first layer (originally the top of the cake) cut side up on a long serving plate and spread half of the jam over it.

#### For the frosting:

Melt chocolate in a heatproof bowl over a pan of gently simmering water, stirring until smooth. Stir in sour cream and keif; continue stirring gently until frosting becomes smooth and glossy. Remove from heat and cover cake with warm frosting.

Serves: 12



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# Munchie Delights...

## Colorado Edible Explosion



### What are edibles?

Edibles are cannabis infused food or liquid products. They aide in complimenting the high of smoking cannabis or can be taken alone as a great alternative. You can find everything from gourmet dishes to candies and drinks. Edibles have a stronger body high, and are perfect for those who cannot inhale cannabis smoke. Here are some examples and reviews of various medical products.



### Sweet Mary Jane "The Boss" Apricot Peach Sativa Bar

350mg THC/17mg CBD per Bar

The ingredients in this yummy bar will also make you happy! Includes real apricot and peach bits that you can see, coconut flakes, oats, and more. It was a bit crumbly but delicious, and hit VERY heavily after I ate lunch. Very potent, I only consumed half the bar to get the desired high. Effects noticed within an hour.



### Wana Gummies

200 mg THC per Bag

A pouch containing grape, lemon, lime, raspberry, pineapple and orange gummies. These gummies not only taste great, they're also vegan and gluten free! Not any noticeable cannabis taste, effects noticed within an hour. The effect was smooth and enjoyable; I like the fact that I can choose one gummy or eight gummies depending on the desired effect. The only improvements I would suggest would be to have individual per gummy dosing on the package and to have the pouch be reseal able.



### Incredibles Mile High Mint Bar

210 mg THC per Bar

I am a huge fan of Incredibles products! Gluten free, always smooth, and pack a good punch. The squares are each imprinted with the "per piece" dosage and the overall dosage is clearly printed on the front label. Effects noticed in approximately one hour. Beyond the cannabis effects, it's just a good tasting candy/chocolate bar! I am an all around satisfied and returning customer.



### Mountain Medicine Chocolate Peanut Butter Bar

350mg THC per Bar

A cookie crumb-like base layered with peanut butter and chocolate creates a wonderfully sweet treat. Effects were noticeable within an hour but did not have a huge couch-lock body high, which was not a negative thing. It had great flavor with a little cannabis taste that did not linger for long, as I've come across some chocolates that do so. Definitely would recommend it!



### Keef Cola Orange Kush Soda

100mg THC per Bottle

This is an Orange soda beverage. Pleasantly surprised with this product! I am normally not a fan of beverages in aluminum bottles, but this one did not have a metallic-y taste. Effects noticed in under an hour. Liquid edibles tend to hit stronger and faster so go slow your first time! They affect everyone differently. Fun fact: Keef Cola won 1st place for "Best Edible" at the 2015 High Times Cannabis Cup in Denver with their Root Beer 100mg soda.



### 1 RICE KRISPIES

Snickerdoodle, chocolate and rainbow rice krispie treats



### 2 CUP CAKES

Home-made vanilla and chocolate cannabis cup cakes



### 3 COOKIES

Packaged baked goods



### 4 ICE CREAM SANDWICHES

Cannabis infused chocolate chip ice cream sandwiches



## Incredible Edibles

### Epic Delight

Victoria Voss

When her local dispensary couldn't provide proper dietary edibles, Mariah Crumrine decided to step in and bake them herself. "I make lots of different edible treats for patients with all kinds of different dietary needs," she said. "I'm lactose intolerant and my local dispensaries don't have edibles for patients with different dietary needs," she explained. "I can make dairy free, gluten free, and vegan edibles. I always use my magic butter maker, kief, bud, and organic vegan butter to make my cannabis butter. I strive to make the best quality medicine for myself and my patients." Her treats are delicious - cake pops, brownies, cupcakes and ice cream sandwiches.

Mariah knows that "a lot of people suffer and can't get relief [from foods] with minimal cannabis medication. So I took it upon myself to make a higher strength medicine for all patients with different needs." Her desire to help others is crystal clear. "I love helping all these people I see daily that can't get the relief they deserve. I try and set myself apart by going the extra distance to make sure the patients get the best medicine even if that means lower profits. Every edible I make is baked with love."

Find Incredible Edibles at Kure Wellness dispensary in Ukiah, or on Instagram at [mariahs\\_incredible\\_edibles](#).

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Who doesn't love it when someone spikes the punch? In some cases, like the SpEYEked drink above, there's no alcohol needed. Simply infuse your cannabis (trim, flower or keif) with orange Kool-Aid over night and strain before serving. Adults only!



**Dirty Shirley**

A Shirley Temple gone dirty makes for a fun and festive night. Combine cannabis-infused vodka with sprite and grenadine, and you've got a Dirty Shirley on your hands. Polish it off with a cherry, or some gummy worms!



**Green Spleen**

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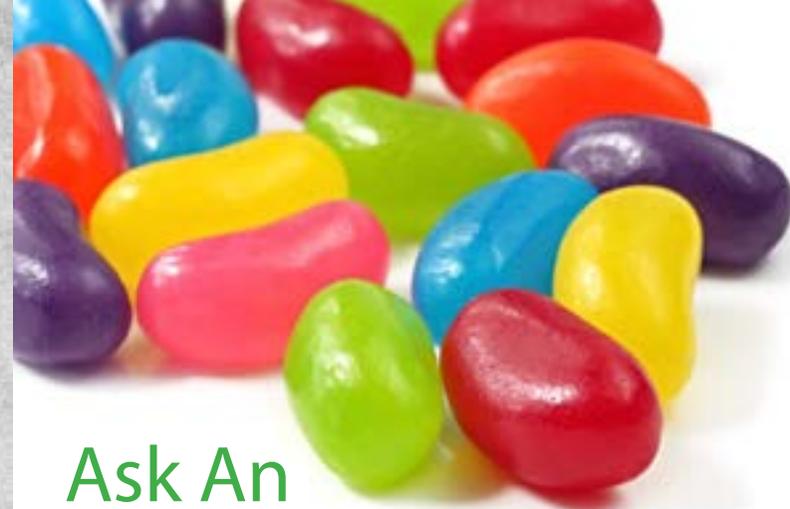


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## Ask An ATTORNEY

Kathleen Bryson Shares Her Legal Advice

If I learned nothing else from my trip to Colorado in mid-May of this year, I certainly learned this...

I flew out May 14, 2015 to attend the two-day Women Grow 2015 Spring Leadership Summit. It was in Edwards, Colorado at the Lodge and Spa at Cordillera in the gorgeous Rockies. One hundred and twenty women cannabis entrepreneurs attended from over twenty states. Fantastic event.

However, everyday activities like walking up stairs became a bit more challenging because of the altitude. The last night included a disco party. I love to dance like crazy, but I ended up needing oxygen from the sports shop just so I wouldn't pass out from my usual gyrations.

After the conference ended, my travel companion, Sharon Letts (the internationally renowned cannabis journalist), and I journeyed to her friend's home in Denver. I ventured out with our hostess to the dispensaries to see what was what. In the flurry of excitement, I bought a myriad of products...Everything from cannabis infused soft drinks to candy edibles to plain ol' bud. I gave it to Sharon so she could conduct her "research." However, I managed to try one of the jellies. Super yummy with no hint of cannabis in it. And, then I made the mistake of having another one before bedtime.

At 1:30am, I woke up feeling very uncomfortable and anxious. Thank God the room I was staying in had a nice balcony where I could go outside and breathe to combat my claustrophobia. I went to my happy place and, after 30 minutes, I was able to chill long enough to go back to sleep. A truly awful experience.

The lesson? Read the label. Also, can the print on the label be larger? The warning should be the size of the labels on cigarette packages for pregnant women, in large brightly colored writing!

Colorado has struggled and continues to fine-tune its packaging laws in regard to edibles. In the beginning, there was push-back because some ingenious companies designed their packaging to look like well-known Hershey and Nestlé products. That was - quite rightfully - considered too dangerous, especially for children, and Colorado stopped it. However, the dosage issue remains. In regard to the jellies, the label certainly needed to be clearer in its instructions, larger in its font, and brighter in its appearance. One shouldn't need a magnifying glass to read the directions.

Colorado's Cannabis Enforcement Division and State Licensing Authority are proposing new guidelines to further regulate cannabis products throughout the state, including adding a red "stop sign" with the letters THC written in the middle.

Additional rules could also include banning the word "candy," as well as limiting liquid cannabis products to single-serving packaging of 10 milligrams each. A 2014 law requires Colorado's Licensing Authority to implement "clearly identifiable" packaging with a standard symbol indicating the contents contain cannabis by January 1, 2016. The state is holding public hearings on the proposed rules as we speak.

As California starts defining its labeling, packaging, and general regulation in regard to edibles, we too will need to be mindful to avoid the hazards of Colorado. Edibles can be a great medicinal delivery for many who do not smoke, but the regulations need to be oh so precise.

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# Hey, Growers, It's Time to Get Water Permits! And Timberland Resource Consultants Can Help

## Drought has pushed this issue

Not waiting for legalization in California, the North Coast Regional Water Quality Control Board has adopted the state's first water quality regulatory order for cannabis growers starting Feb. 15, 2016. If your cultivation area is 2,000 square feet or more it affects you.



## Three tiers based on site conditions and threat to water quality



Tier one is a low-threat tier. Tier two requires the development and implementation of a water resource protection plan. Tier three is a cleanup tier requiring the development and implementation of a cleanup and restoration plan. The Regional Water Board has the authority to issue fines against persons in violation and if they come to you, they'll have to be tough. Californians have a very low tolerance for water pollution and waste these days.

## Local help with lots of know-how.

Timberland Resource Consultants have prepared similar waste discharge permits for small timberland owners, ranchers, and rural landowners for more than a decade. They understand the process and are adept at developing cost efficient plans. TRC can also assist landowners with:

- ✓ Water registrations
- ✓ CDFW 1600 permits for water diversion and storage
- ✓ Conversions/grading permits for new development.
- ✓ Consultations to assess compliance with environmental laws & regulations relating to cultivation.
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## Protect your livelihood. Protect our water.

Protect your livelihood now and protect the environment. Don't wait to be inspected. Being proactive and enrolling in the program shows you are on board with best cultivation practices. The Water Board has worked out an anonymous system of registration. They are trying to make this as easy as they can. And Timberland Resource Consultants have the experience to get you through this big change. So many of us have waited years to be able to come out of the shadows. Now is the time!

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# october community calendar



- 14 **The Doggy Mountain Men** / 9pm  
Northern Delights Coffeehouse / Hayfork
- 16 **NAIVE MELODIES** / 9:30pm  
Northern Delights Coffeehouse / Hayfork
- 22 **WESTERN OPEN FIDDLE CHAMPIONSHIPS**  
Red Bluff Elks Lodge / Red Bluff
- 24 **HOT BUTTERED RUM** / 9pm  
Northern Delights Coffeehouse / Hayfork
- 25 **OLD TIME FIDDLE CONCERT & JAM**  
2-4pm / Millville Grange Hall / Palo Cedro



- 3 **ONE World Festival** / 12pm-5pm  
Friendship Park / Mendocino
- 11 **Moon Shiner Concert** / 5pm  
Mendocino Art Center / Mendocino
- 10 **ABALONE FESTIVAL COOK OFF** / All Day  
Noyo Harbor, Fort Bragg
- 17 **Joel Cohen: Music for Cello** / 7:30-9:30pm  
Yoga Mendocino, Ukiah

## UPCOMING IN NOVEMBER

- 2-4 **Día de los Muertos Festivities** /  
Various / Mendocino Coast



- 8 **Thundercat** / 9:30pm 21+  
ATL / Arcata
- 9 **Soul Flow: Electronica** / 8pm  
Tophs House Benbow / Garberville
- 10 **Lyrics Born** / 9:30pm  
Humbrews / Arcata
- 10 **Alley Cat Cabaret & Purrlesque**  
8pm / ATL / Arcata

- 11 **Big Gigantic** / 8pm  
West gym / HSU / Arcata
- 14 **Israel Vibration w/ Roots Radics**  
8pm/ The Mateel / Redway
- 17 **Fashion Show & Fundraiser**  
8:30pm / The Mateel / Redway
- 24 **The Halloween Boggie**/ 8pm  
The Mateel / Redway

- 24 **Random Acts Of Comedy**  
7:30pm/ ATL/ Arcata
- 29 **Lake Street Dive** / 8pm  
HSU / Arcata
- 30 **Danish String Quartet** / 8pm  
HSU / Arcata
- 31 **Rising Appalachia Wider  
Circles** / ATL / Arcata

## UPCOMING IN NOVEMBER

- 3 **Greensky Bluegrass** / 8pm  
HSU / Arcata
- 4 **Beat Connection** / 9:30pm  
Humbrews / Arcata
- 6 **Country Cup II** / TBA  
Tophs House Benbow / Garberville

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connect



# Growing Gold

Jonathan Gilbert and Emerald Family Farms

By Emily Hobelmann

## Humboldt County

The wind rushes through the trees in this pristine Eastern Humboldt mountain landscape, pushing through space in a way reminiscent of how we push through life, sometimes softly and gently, sometimes with a gust.

Jonathan Gilbert stands on the edge of a fully permitted, million gallon rainwater catchment pond at the Emerald Family Farms flagship location off Titlow Hill Road. He describes how the pond is engineered, how the farm he works at strives for water independence and he talks about the series of important visitors the farm has recently received, from members of the California Board of Equalization to Senator Mike McGuire.

Gilbert is passionate about cultivating cannabis organically. He is an Emerald Triangle cannabis farmer and the Master Cultivator at this spacious well-developed location out east – paradise realized. And right now, it is safe to say that his high standards have earned him the title of greenest thumb in Humboldt County.



### Emerald Family Farms

*Emerald Family Farms is a collection of breeders, healers, master gardeners and small batch private reserve farmers based in Humboldt, Mendocino and Trinity counties. Emerald Family Farm gardeners grow organically with best management practices, and members strive for water independence and fully environmentally mitigated farms.*





On September 12th, 2015, Gilbert won the grand prize at the 2nd Annual Golden Tarp Award, Humboldt County's Light Deprivation Cannabis Competition. He took the prize as a representative of Emerald Family Farms with a strain called Diesel Berry, attractive purple and green flowers that ran in the "floral" category of the competition.

According to their informative brochure, Emerald Family Farms is a collection of breeders, healers, Master Gardeners and small batch private reserve farmers based in Humboldt, Mendocino and Trinity counties. EFF gardeners grow organically with best management practices; members strive for water independence and fully environmentally mitigated farms.

Gilbert is part of this umbrella organization, a conspicuous and well-spoken farmer representing the brand. He moved to Humboldt County about ten years ago to make a fresh start, like so many of us do. He's been an indoor grower since he arrived, but this year he took his talent outdoors to farm full sun and light deprivation cannabis.

With the Golden Tarp Award under his belt, Gilbert re-

flects on his great success: "I'm honored. It's always nice to be recognized as being good at what you do. I work really hard at it, so that makes it special." Gilbert has had a lifelong relationship with the sacred herb through both struggles and joys, and he says that makes his win at the Golden Tarp "that much more special."

Gilbert is smart and energetic. He proudly shares his award-winning cannabis and some of his philosophy on soil building and pest management. At 36, he is no stranger to the challenges of life. He is also no stranger to the beauty and profound creativity that can arise when community is strong and when resources abound.

Gilbert grew up in a working class family in Eastern Pennsylvania, a rough scene with the steel bust setting the context for his early years. He learned to fend for himself at a young age in that depressed urban environment, in the "School of Hard Knocks," as it were. He was arrested in seventh grade, at age 13, for selling cannabis and was sent away to a wilderness survival program for the better part of a year. Then it was house arrest and probation, followed by institutional boarding school in Arizona.

His way was the hustle because it had to be: "I was in the streets selling herb as a 13-year-old and my parents had no idea," he says. The prevailing poverty of the region made things gnarly. "At that age, I had friends die around me, murdered. That was the East Coast in the early 90s. It was everywhere in every town that was suffering economically..." He kept the hustle up through his younger years, making a livelihood out of dealing and trafficking cannabis. Another bust in 2001, driving pounds from Phoenix to Chicago. "I got pulled over," he says. "And after all was said and done, I did a year and a half in prison." Then it was parole for nine months.

At the time, Gilbert says he thought, "I can't keep doing this. I'm going to end up being a 50 year old with nothing." You know what I mean? It felt cyclical." So after that ordeal played out, he went the route of working hard and trying to start his own small business. He attempted a straight life, delivering appliances in Mesa, Arizona.

Fate was pulling him to the Emerald Triangle, however. After three and a half years of trying to establish himself as a successful independent contractor, he was betrayed by one of his competitors. This person used evidence of Gilbert's past

against him, thwarting his attempt at landing a lucrative contract by telling people that Gilbert was still trafficking. This sabotage was effective, and Gilbert found himself ostracized from his working community. "Not only did that eliminate me from getting the contract... Not one person, except for some of the other drivers, would even look me in the eye after that. I was like persona non grata."

"This was me trying to go straight," he says. "And the cruelest irony of the whole thing was that the person that did this to me was one of the largest ecstasy dealers in North Phoenix... He also had that black market mentality. It was cut-throat..." Screwing over Gilbert meant another \$60,000 in income for that guy. "I was like, wow, it doesn't matter if you're selling herb, trafficking herb, delivering appliances, hustling appliances... It was the same game." And that's when Gilbert committed to moving to Humboldt County to try his hand at cultivating cannabis.

Humboldt is a prime location for people reinventing themselves; Gilbert got here to stay toward the end of 2005. "It was almost like a quasi-retirement," he says. "I was trying to escape all the trouble. I wanted to maintain a relationship



#### Sugar Leaves

Jonathan shows between the sugar leaves where the plant's calyx is found. Calyxes contain high concentrations of trichomes.



#### Calyx

The calyx resembles a tear-shaped nodule. Calyxes come in different colors, shapes and sizes.

#### Scent

Lightly squeezing a cannabis bud can release many aromas. This is one way to ensure your plant is healthy and will produce a quality product.



#### Emerald Family Farms

The packaged bud and CBD salves below are created from organic cannabis cultivated at Emerald Family Farms.





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with cannabis but I didn't want to traffic it any more, didn't want to sell it."

Through all the negative consequences from dealing and trafficking, cannabis has remained a positive for Gilbert, a light in his life. "My relationship to cannabis is sacred... The relief you gain from it is real." As Master Cultivator at a pristine Humboldt County cannabis farm, damn good at growing prime medicine, Gilbert is officially a healer.

Seriously, Gilbert has got some rockstar farmer talent going on. "I've always had 400 watt closet grows and a few plants," he says, "But never scaled it up until here." He's got that history of growing indoor hydro and then indoor organic. Now he is farming outside in the eastern county and he's loving it. He's been applying his indoor organic skills to both light deprivation and full sun crops: "Outside of the equipment and some of the environmental modifications, I'm building my soil under the same concepts, I'm essentially applying the same principles... The difference I've found is, in the natural environment there's more grace and a wider area of forgiveness when it comes to predators and pests."

Gilbert believes growing outdoors is advantageous, and he foresees the development of highly efficient outdoor methods in this region as cannabis becomes more mainstream, "especially in the eastern county because you get past the fog line and there is perfect weather."

Gilbert kicked ass at the Golden Tarp with Diesel Berry, and says the strain was just a cut he got from a friend. "It wasn't anything I started from seed. I've started to track down the history..." But the genetics and history of the strain are a mystery, at least for now. Gilbert says the plant is "beautiful and it grows with great structure. The leaves are a nice lime green and the flowers turn purple."

Indeed, the flowers are frosty and sublime, packing a soft rosy smell with fuel undertones. The color is pale green with flecks of a deep amethyst, like some fluorite -- buds that you want to show off. And this is some smooth-hitting cannabis, with a nice heady high.

If Gilbert's life had taken a different trajectory, he would have been an engineer. "I would have built and designed cars and car parts... I have a natural aptitude for mechanics."



Have a conversation with the man and you will find that Gilbert clearly has an aptitude for science; he is a self-taught expert on soils and botany. He is modest too, saying he has a lot of improving to do on his drying and curing processes.

Luckily for us, the medicinal and recreational cannabis users of the world, Gilbert is a cannabis engineer, out-and-proud about sustainably farming world class organic ganja in the mountains of Humboldt County. He is a gem.

In the near future, Gilbert will be doing some small batch indoor cultivation. "That's my forte. I just enjoy it." He'll be growing

more outdoor next season too, cultivating Emerald Family Farms staple strains like Dragon OG and Platinum Girl Scout Cookies, along with their proprietary CBD strain "F Cancer."

His last words for this issue of the *Emerald Magazine*: "I just want to encourage people to keep the herb clean," he says. "And we'll all get along just fine."

*Thank you to Jonathan Gilbert for hosting publisher Christina DeGiovanni and myself at the farm near Willow Creek. You can find Emerald Family Farms on Facebook or on Instagram: @emeraldfamilyfarms.*

## Pearl Productions

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THE

# High

LIFE



BY SHERAH  
O'SHAUGHNESSY

## Slut Shaming



the flesh. I am talking about, of course, those who are called "sluts."

What is a slut? By definition a slut is a person who has many casual sexual partners. At the risk of lumping myself in with these trappy rejects, that definition sounds like the opposite of a problem. I've asked around and consulted the Internet in my quest for an accurate description of this social humiliation and I think Wikipedia nailed it on the head: "a concept in human sexuality. It is a neologism used to describe the act of making a person, especially a woman, feel guilty or inferior for certain sexual behaviors or desires that deviate from traditional or orthodox gender expectations, or that which may be considered to be contrary to natural or religious law. Some examples of circumstances where women are "slut-shamed" include: violating accepted dress codes by dressing in sexually provocative ways, requesting

access to birth control, having premarital or casual sex, or being raped or sexually assaulted." (Wikipedia)

I think what other people do with their bodies is none of your damn business. So long as someone isn't committing sex crimes against innocent people, spreading AIDS or Hep C or ruining marriages, they are free to use their genitals however they see fit.

In high school, sex is everywhere. It's the topic of conversation, the ultimate goal and the scariest thing on the planet. And when someone scores it inevitably gets blabbered all over campus and, nine times out of 10, one or both of the people involved in the act are slut-shamed. For doing something their bodies are begging them to do. In my humble opinion we should be stocking kids up on protection, Plan B and all the scary knowledge about how your junk could fall off if you don't use it appropriately. Oh, and unwanted pregnancies, too. That's an important topic. Educate the horny little devils and let them go ahead and do what you know they're going to find a way to do.

As for myself, many people in our wonderful county have some idea who I am. Between this here literary masterpiece, my radio endeavors and performing, I've managed to claim some kind of spotlight. But with that comes mass exposure. The Sherah O'Shaughnessy gossip train is full steam ahead. Who I was married to, who I was engaged to,

whose boots have been under my bed, all major topics of discussion. I wish I could say I was flattered but if there was a Humboldt tabloid my resting bitch face would grace the cover weekly. But right here, right now, while I have your attention I need you to accept that what I do with my body, as a consenting adult who pays bills, is not your concern. It's 2015. Our schools aren't segregated, I'm allowed to vote, the gays are allowed to have their gay wedding cake and we are all allowed to enjoy sex freely and responsibly. Get with it.

Your opinions of how someone conducts their personal life or uses their body are your own. If you believe I've conducted my private affairs poorly I can't change your mind and I don't care to. What you think of me is none of my business. And maybe I think you're wasting precious minutes being an intellectual lightweight, nailed to a cross you got the idea to build on Pinterest. But then maybe we should all just shut our gobs and stop imposing personal beliefs as universally accepted moral standards. I'm just spit-balling here.

Here's the number to Planned Parenthood: 707-442-5700.

Keep your bits 'n' pieces in good working order. You never know when they're going to come in handy. No pun intended. Keep it safe, keep it classy and keep your opinions to yourself.

## Supplies



### FSKARS

Fiskar scissors are good for pruning and trimming.



### RUBBING ALCOHOL

Common product to use when removing gunk from the fiskars



### LATEX GLOVES

Wearing gloves while trimming, or out in the garden, can help keep your hands fresh and clean.



### WATER

Having a clean source of drinking water is crucial while working on the hill.

What to Know

# Harvest Hints

By DJ Hayes

They are so close you can taste it. They stand tall, stretching out further and higher. They are nearly bursting as they send aromas wafting on the breeze. Do you have enough food to feed the deluge of workers ready to descend upon your garden? Very soon these flowers will fill your fingers. Still, care is needed, or a furry grey plague may bring famine to your cannabis cornucopia. Your plants are almost done, but it is not over.

A good parent knows all their children are beautiful, but also knows when their child is sick or in need of a haircut. The haircut here is serving as a metaphor for pruning, and pruning your plants is a necessary component to parenting a healthy garden, as any green thumb will attest. Your plant should be pruned throughout its life.

Pruning fosters growth and lets you to control where the plant will focus its development. Cut out lower, less productive stems early in the plants life as these branches rarely produce much. This allows the plant to focus on more beneficial growth. Cut quick and clean, like you would want your limbs to be amputated. Throughout the season, groom the plant, removing dead or dying leaves. However, once the plant starts to flower it is often best to let it be and cease intensive pruning. Errant leaves and stalks should be discarded as gently as possible or left alone.

Know when your child is sick. *Botrytis cinerea* is a necrotrophic pathogen that induces hypersensitive cell death and affects over 200 different crops. This fungus has transcended its taxonomy and attained infamy, it is known as bud rot. Green waste dropped at a plant's roots is not simply compost; it is a breeding ground for fungi. Keep your plant's space clean and clear, grass and undergrowth low, allowing for air circulation and maintain the area surrounding your garden well. If indoor, keep the room cool and well ventilated, and at the right humidity (lower than 50%). Foliar sprays can be used in a pre-emptive effort to combat potential fungal attacks. These, like many garden products, come in organic and non-organic varieties and come with inherent risks. Copper and sulfur treatments are the neutron bomb of the fungal world, indiscriminately killing all fungi good or bad. These elements are not known for their flavorful, smooth smokes so caution and care should be taken when using such products.

Treatment of bud rot is intensive. Being a fungus it spreads spores with ease and at the slightest jostle. Locate any afflicted buds while cursing your fortune. Sterilize your shears with alcohol frequently and be careful to keep your hands gloved or clean. To remove cleanly, cut

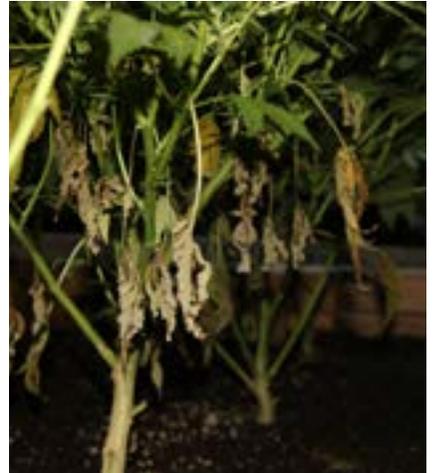


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**Botrytis cinerea is a necrotrophic pathogen that induces hypersensitive cell death and affects over 200 different crops**

at least an inch below the sickly bud, being careful not to shake or drop it for fear of spreading the spores to other areas. Place the shorn bud in a bag. Once your plant is healthy again, be sure to keep the humidity low and the temperature above seventy degrees. With luck and diligence some reward may yet be gained. I invite you, the reader, to think on and mourn the many fallen colas of the grey scourge.

Flushing is not just something you thought was reflex behavior until you had children, it can be an important finish to your plant's life cycle. As with nearly all the minutia of growing, there is debate over the necessity or benefit of this process. Flushing is simply clearing your plant of the various nutrients and compounds it has ingested throughout its life by watering the plant with a Clearex solution, reverse-osmosis water or plain tap water, depending on your level of commitment and finances. The idea is to flush the plant of any imbalances in nutrients just prior to harvest, usually within ten days or fewer. The ultimate benefit is to leave the finished buds without any undesirable chemical taste.

Some helpful hints about setting up for trimming. Rubbing alcohol is a must. Hash coated fingers and scissors lose dexterity quickly and start shredding buds; alcohol is a quick and cheap



“  
**pruning your plants is a necessary component to parenting a healthy garden**



solvent. There are many lovely scented mixtures people make for this sole purpose. Having extra scissors and chairs will serve you well. Trimmers will want to sit and may not have their own scissors. They will want food and water too, at least every other day. Music is up to you to decide. I have seen groups fall into a hushed work mode while listening to songs they loved, and I have seen hour long squabbles over control of Pandora. In the end, doesn't everyone like music while they work?

Harvest is in the near future, and moving through that chaos should require textbooks and assigned readings. It is amazing the volume of skills required to run a successful grow. Positive interpersonal communication is a must, a background in conflict resolution is beneficial. Math skills are imperative, and an intimate understanding of weights and measurement is mandatory. Growing will give you a crash course in botany and biology, and harvest can be a rude introduction into the business world. Not all learning in life is done through classes and books. The season is almost at an end. If you can get it all finished up, you can get to work setting up to do it all over again.

# The Emerald Review:

# POT TALK

with *Emily Hobelmann*



## Loopy Fruit

I am standing in a magical cannabis garden, a Berry Jasmine plant towers over me, more than twice my height. I'm in a lush emerald forest crowded with Silly Strawberry and Loopy Fruit cannabis trees... I am in the Sunboldt zone.

That's right, this edition of Pot Talk features Loopy Fruit, a proprietary strain from the Sunboldt Grown Cooperative, a Humboldt County farm based in Holmes.

Sunshine Johnston leads the Sunboldt Grown Cooperative. She was kind enough to welcome me at the farm to show me where the magical Loopy Fruit flower grows. Johnston is a local woman with nearly thirty years of farming experience, a forward-thinking cannabis farmer who is actively positioning the Sunboldt Grown Cooperative for the transition to regulation and production. (More about Johnston and Sunboldt Grown from Sharon Letts in this issue.)

Her cannabis is fantastic and the plants at her farm give off an organic loving vibe because they are organic and clearly loved. Johnston is developing herbal

plant medicine for people and plants; she's experimenting with wild fermentation, simple fresh extractions, and genetics; she's creating beneficial insect habitat and she uses 100% cotton, breathable fabric for her light deprivation gardens -- not plastic.

She shows me her CBD patch, a light deprivation crop and a full-sun outdoor garden. She tells me about her fresh cannabis infusions with coconut oil and honey and fresh extracts into homemade hempseed milk. She tells me about her green drink called "Amrita, the Drink From the Sea of Green" with freshly juiced raw bud, hempseed and pineapple juice. She shares some of her wild-fermented nettle drink. And we smoke some Loopy Fruit.

I am in heaven...

Loopy Fruit is a Sunboldt original, a cross of Blackberry Kush and Willie's Wonder, a strain out of Williams in Southern Oregon. Loopy Fruit placed second in the "Fruit" category at the 2014 Golden Tarp Award, a local competition for flowers grown using the light deprivation method.

In addition to sharing some Loopy Fruit with me at her farm, Johnston provided a fresh sample of Loopy Fruit grown from clone with the light deprivation method. The sample was packaged in a labeled Mason jar -- the Sunboldt brand sticker on top and a cute Loopy Fruit sticker on the side. The jar contained a couple of prime nugs and a pre-rolled joint. Johnston is clearly detail-oriented; the professional packaging and the immaculate trim job reflect high standards.

The flowers in my sample were harvested in mid-July from what Johnston describes as stocky plants. This is glamorous cannabis, bright green and frosty with tufts of hairs ranging in color from

rich tawny orange to a bright crimson. The flowers are well formed, the calyces almost look braided, there is a symmetry there.

To get at the rich bouquet of sharp fruity blackberry and pungent Kush aromas, pinch or crack open a nug. Take a deep "dry hit" off an unlit joint to taste that Kush flavor and citrus tones. The taste is reminiscent of sweet raisin and apple, like a bread pudding.

I shared the pre-rolled joint with two of my girlfriends, experienced Humboldt cannabis smokers familiar with Johnston and her Sunboldt brand and quite excited to try the Loopy Fruit. Both are struck by the exquisiteness of the nugs. One friend exclaims, "It's crazy crystal-ly to the bottom depths -- there is no place untouched by crystal!"

The smoke off the joint is smooth as silk and all three of us feel the effects immediately -- instantly baked. The blackberry flavor came through hard core when we got about halfway through, when the resin started to seep out the back of the joint.

"I just love this kind bud," my friend says with a philosophical tone. "You can appreciate the finer things with weed like this..." Indeed -- we laughed with appreciation and noted that the joint got more and more flavorful as we smoked.



*"a mind-altering Kush blend that does not bring you to fogginess"*

The effect is loopy to the max -- all three of us did silly things that evening. I had a silly text message conversation. My friends reported forgetfulness and getting crazy with the munchies till after midnight. Loopy Fruit is officially strong cannabis and I'd say you should smoke it when you can chill out, relax, not stress about anything, like in the evening or at a time when you can get free and creative.

I revisit the Loopy Fruit on another day, I roll a fat joint with the remaining nugs, which are firm and snappy with the right amount of give and softness. The smoke is so smooth, and again, the high is instantaneous. Did I mention that Loopy Fruit is strong? I'll call its effect "lucid in-



ebriation." It gives me a sense of bravery, a desire to go out and behold the world, to savor the natural beauty of our region.

Overall, this is creative, happy cannabis -- a mind-altering Kush blend that does not bring you to fogginess. Instead, it transports you to a state of light-hearted gratitude. For me, it's not 24/7 cannabis, but it's a great treat and I extend sincere thanks to Johnston and Sunboldt for introducing me to the cannabis odyssey that is Loopy Fruit.

The Sunboldt Grown Collective is at the Mecca Cup in Trinidad on October 24th, offering both Loopy Fruit flowers and "artisanal bubble hash dabs" made with partner Happy Tree Farm. Enjoy!

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“ Reflections of our time, and personalities, wrestling over the resources of the Earth. My work is definitely evolving. We can all become monsters if we don't watch it. ”

# Human Places, Inhuman Monsters

By Sam Greenspan



(above) Artist James DeRosso

SG: When did you first begin making these creations?

JD: Long before the monsters, in Junior High, one of my really vibrant teachers inspired me, throwing great, crazy projects at me, and encouraged my drawing... Eventually she broke out papier-mâché and clay and she said, “This is art, too!” and I just went nuts with the arts.

SG: It seems like everyone is their own contained can of gasoline when it comes to the arts. All it needs is one spark from a believer, and we can hardly control ourselves anymore.

JD: Exactly. It was just on from there, she was giving me clay, and the 3D world exploded... I was constantly doing art at home. I went into the Navy after high school because I didn't have the money to go to college, and I also thought that I wanted to be an oceanographer. I grew up watching Jacque Cousteau. My last year in the Navy I was transferred to a different ship, and my commanding officer noticed my tendency towards art, as I was making designs for each port we were stopping in. He suggested that I research communication arts, and when I learned more about it I thought, “I could make a living with this!” I wound up at Cal Poly in San Luis Obispo. Huge design and ceramic labs. I started using up all of my electives in the ceramic studio, working up to bigger and more elaborate projects. I was still getting a degree in graphic design, but was more or less always in the ceramics lab. Every time we fired our pieces, I would make tiny little gargoyles to sit on guard on top of the kiln. People actually would up stealing them quite often, and eventually a teacher of mine said, “Maybe, James, you should start putting them in the kiln.” The things I was making (more or less) by accident wound up being the things I enjoyed making most.

SG: Well if that isn't replete with meaning I don't know what is.

JD: Exactly. Eventually I graduated and went to my first graphic design job and looked at, rather than almost everything I'd focused on, I wound up looking at screens for eight years, and I hated my job, but along with other pieces that inspire me, I kept making these little monsters. A friend of mine later commissioned me to make 150 of these designs to build pencil holders. It turned out that I had also entered my first show at the time, and the monsters sold really well. I also had a studio, and a set up. I was taking on a handyman job as well, but part of my comp was free rent, so I had very little overhead, which was amazingly fortunate...The monsters became more and more a part of what I was selling. It wasn't that scary of a leap. Gradual little steps just kept working out. Eventually, along with galleries and booths, schools would pay me to come in for three day workshops to teach making these kinds of creations to children.

SG: Does their energy inform your work at all?

JD: Oh yeah, it gives you queues, and you go off of it- it gives you energy. It's instant feedback, and I glean from them all the time.

SG: What do you feel has most inspired your aesthetic?

JD: Most simply put: people and accidents.

SG: What drives you to create?

JD: It's fun. It's being an entertainer again, since I also have a mild theatrical background. I'm really social and feel off of people. Lots of artists are really reclusive, but that's never been me.

SG: is there anything you hope to see by way of making your monsters? Or are they Wildian, as in, “Art for arts sake?”

JD: Of course I'm going to keep doing the thing that sells, but I also thrive on making exaggerated versions of any one of our emotions. Reflections of our time, and personalities, wrestling over the resources of the Earth. My work is definitely evolving. We can all become monsters if we don't watch it.

For more information on the designs, custom orders, or just to view a larger sampling of DeRosso's wonderful work, visit [Monster8all.com](http://Monster8all.com).





## Willow Creek, CA

(above) Guests sit outside Bigfoot Golf & Country Club

(left) Former Humboldt County District Attorney, Paul Gallegos, interviewed by HBO's VICE team for an upcoming documentary series on cannabis.

# A New Scene for 2016 Your Cannabis Business and the New CA Laws

By Tim Dower

Landmark legislation for the State of California has landed on the governor's desk. It looks clear that California's cannabis industry is finally getting official recognition as an important and viable part of the state's and soon the nation's economy. The bill creates a framework for legal medical cannabis production, processing, distribution, and retail sales. The Emerald Triangle is one of the most prolific cannabis production zones in the world, and our farmers/business people should be prepared to take part of this burgeoning legitimate economy. Praj White of Manhard Consulting eloquently states, "Cannabis is not new, neither is business, but cannabis business is new." Ensure that your business will endure the inevitable gauntlet of regulatory mandates and stay in the industry under the light of day.

In order to prepare yourself, read the current legislation or have it interpreted for you by a qualified party. Decide on the facet of the cannabis industry you wish to operate within and understand the rules. This way you are aware if you are breaking them or whether you are above and beyond compliance. On your own or with the service of a third party certifier, clarify land use designations for your space and identify limitations to your operations. Keep in mind that infractions from former land use practices can be remediated. Take steps toward compliance and document past and current efforts made toward conscientious land stewardship. All pre-regulatory actions will be considered when issuing permits or granting permission to operate. Monitor your business for impacts on environment, community and industry and make mitigation efforts constantly to reinforce your commitment to the longevity of your community and local economy.

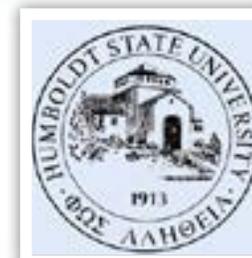
Document your business model, the protocols by which you operate, and identify yourself to the agencies concerned with your practices. Ask for permission to operate, then execute your vision. Keep clear records of profits and expenses for your business so that yearly tax returns can be filed easily and without question. Many of us are not up to the task of doing the homework it takes maintain all aspects of a functioning business. Don't be afraid to hire professionals to help you sustain and succeed. Your business has and is an investment of money, time, and emotions. Protect your investment by knowing and following the rules.

Cannabis farmers are a critical part of the Emerald Triangle economy. Without the farmers all other cannabis business would cease to exist. Farmers need to take new steps to prepare for the 2016 season. The new legislation declares cannabis to be an "agricultural" product in the eyes of the State of California. Be prepared to justify your use of water resources to do agriculture. Now is the time to register your water source as a utility for the agricultural production of cannabis for sale. Register your water source with the California Department of Fish and Wildlife so you can obtain the proper permit to draw water from your source, for your intended use. You must also file a document with the North Coast Regional Water Quality Control Board (NCRWQCB). This document will outline your intended use of water, fertilizer, and pesticides for the production of your crop. To cultivate more than 2000 square feet of cannabis canopy, the deadline to file is February 15th 2016. By failing to register with the NCRWQCB one risks scrutiny and possible abatement of their cultivation operation. The NCRWQCB has created a system to monitor water quality threats directly imposed by cannabis cultivation. By filing with the NCRWQCB you are acknowledging your impact on your specific watershed and neighboring forests. Farmers can use the NCRWQCBs tiered system to understand their impact and make efforts to mitigate impacts and ascend to less impactful status. This is the year to act for your

farm. If you do not file, you could be excluded from the legal cannabis retail market until future legislation allows more cultivation-for-retail opportunities.

Northern California has one last chance at having a sustainable natural resource-based industry. Cannabis businesses have been built and maintained for decades, but not declared legitimate until now. Do your homework and turn it in on time to ensure our futures. The Emerald Triangle has the opportunity to have 2016 be the turning point which allows for the flourishing of Northern California culture and an increase in quality of life in the counties that have ridden the boom-and-bust waves of natural resource-based industries. Let's be prepared so that as a region we will make the cut and be sure not to miss the boat.

Tim Dower graduated in 2009 from Humboldt State University with a B.S. in Environmental Science and a minor in Rangeland Resource Science. His concentrations in the Environmental Science Department were Landscape Ecosystems and Wilderness Area Conservation. Plant ecology is the core of his academic interests. For the past four years he has served as the Co-manager for the Trinity River Garden Center.





# Vermont

## Tricks and Treats on the Burlington Streets

By James Priest

Halloween is fast approaching. It's a favorite time of year for kids and adults alike. All the candy and dressing up in your favorite costume, who couldn't enjoy this time of year! As a kid going door to door getting all these tasty treats, it was just the best. As a grown up going to raid your kids' candy stash when the munchies set in well, that's even better. Not to mention there are all the amazing Halloween parties plus fall festivals in the month of October that you can enjoy as a grown up. The streets of Burlington, Vermont and the surrounding areas come alive this time of year with breathtaking autumn views. Plus there are festivals, shows, and parties to get your spirits high and get you feeling uplifted for the holiday season ahead. If you're in Burlington, Vermont in the month of October then here are some groovy things to do. With October temperatures in Burlington being in the 50s and 60s and lows in the 30s and 40s, be sure to bring a jacket for the days and a snuggie or someone to snuggle with for the nights.

### Trick or Treat? DC Tells it Like it Is

If you are into comedy, be sure to check out Dave Chappelle early in October. You might remember him as Thurgood Jenkins from the movie Half Baked. Maybe you have watched The Dave Chappelle Show on television. Here is your chance to see Dave Chappelle do his thing in person. We all know how much Dave loves Mary Jane; he'll do anything for her.

So get medicated and educated as Chappelle schools the crowd with his old school antics and unique brand of comedy. You can catch one of two great shows at 7 p.m. or 9:30 p.m. on Monday, October 5. Both are at the Flynn Center for the Performing Arts at 153 Main Street in Burlington, Vermont.

## The Annual Pumpkin Regatta

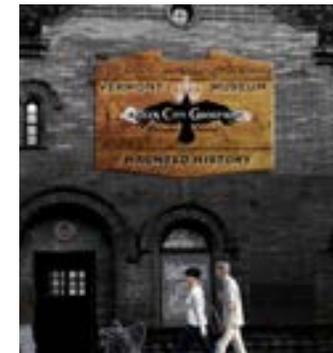


Photo by Emily McManamy

If you are anywhere in Burlington near Lake Champlain, keep your eyes out for huge pumpkins floating by with people paddling them. That's right, there is an annual Pumpkin Regatta where teams hollow out pumpkins weighing a thousand pounds plus to create kayaks that they race on Lake Champlain, something you don't want to miss seeing. Be sure to bring a camera, because people might think you were just too high if you don't have a picture of these floating pumpkinyaks to document what you saw. This event happens early in October to avoid the coming snow season.

## Queen City Ghost Walk

Queen City Ghost Walk is a famous Burlington tradition started back in 2002. This ghostly tour takes you through some of the scares and frights offered up in the night. Your host, the Queen of Halloween Thea Lewis, will tell you the tales and stories of railroad tragedies, murders, shipwrecks, and mad men. Enjoy theatrical storytelling and some spooky history of city of Burlington. Keep your eyes open you never know when you will have a ghostly encounter.



## Burlington Zombie Walk



Sometime in mid-October be careful that you don't have your brains eaten out of your head. There's an annual zombie walk with zombies staggering down Church Street marketplace with the munchies for human brains. Join in the fun or just come to people watch. I hear if you are stoned out of your mind the zombies don't smell your brain. So if you go medicated you might survive this Zombie Apocalypse.

## SPOOKVILLE

## VERMONT

Spookyville Vermont has spectacular events lined up for the last two Fridays and Saturdays of October, but the fun starts on October 17th. Volunteer from 10 to 4 for pumpkin carving. Volunteers like you will carve about 500 pumpkins to be used in their shows.

Carving tools, a place to sit and snacks provided, also hip tunes spun by a Haunted DJ from



95 Triple X radio. The event is sheltered in case of liquid sunshine. Those last two Fridays and Saturdays, October 23-24 and 30-31, feature a stroll through Champlain Valley Expo where theatrical dance, storytelling and special effects are utilized to bring out the Halloween spirit. There's a daytime spooky walk for little kids up to age 6 and an evening spooky walk for older kids 7 and up. Yes, this includes your husband or wife as well, because kids of all ages love Halloween! Explore Spookyville Manor and see if you can discover spooky secrets. Stroll through Spookyville Village to see hundreds of pumpkins lit up with all eyes on you. Tickets are \$8 if you buy them beforehand, \$10 at the event. Be responsible and remember this is a family event, so don't arrive wasted.



Fiddlehead Brewing Company



The Stowe Brew Tour



A performance in every bottle. Magic Hat Brewing Company.

## Are you a Hop Head or Pothead?

Connoisseurs of fine cannabis have also been known to like the high-quality smoothness of craft beers. Craft beers are not the 12 packs and cases you see everybody drinking on the beach and at festivals and events. Craft beers are made to a much higher standard with natural ingredients and clean brewing techniques. Many craft beers are vegan safe and do not use fish bladders to clarify of the brew. If you're in Burlington, Vermont Brew Tours can set you up. Try a Classic Brew Tour, the Stowe Beer Tour or the popular Pub Crawl Brew Tour.

- The Classic Brew Tour begins at the Vermont Pub & Brewery or Burlington Beer Company. Then it's on to Fiddlehead Brewing before enjoying a fabulous lunch at Folinos. Then it's off to Switchback Brewing and finally Magic Hat Brewing Company.

- The Stowe Brew Tour is for the real beer connoisseur or hop head, featuring an exclusive 5-hour tour showcasing 3 of the best of the best in Vermont brewing and tips from a master brewer. Sample 15 microbrews and enjoy exquisite beer and food pairings by Crop Bistro & Brewery.

- The Pub Crawl Brew Tour is exactly as the name says, through the best of Burlington's breweries. Starting at the Magic Hat Brewing Company followed up by Fiddlehead Brewing, Queen City Brewing, Burlington Beer Company, and Switchback before heading to Nectar's for dinner and food and beer pairings. To end it all, you head off to Three Needs Brewery and Tap Room.

All tours provide round trip transportation from anywhere in the Burlington area (and the Stowe area for the Stowe Tour) and are the best way to safely enjoy all that Vermont breweries have to offer.

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(above) Texas state capitol building in Austin.

## Trick or Treat?

This is a Treat for Many!

By James Priest

Texas has seen some monumental changes toward cannabis legalization. With an estimated population of over 26 million, according to the United States Census Bureau, the legalization of cannabis would generate billions for the state. But Texans cannot vote on the question by ballot. Instead, the state legislature must deal with it.

It's a tough task convincing political leaders to vote yes on the legalization of cannabis, despite the state having a 60% rating in favor. Those who might vote in favor are scared to come forward in fear of persecution by police or being spotted by an employer. America is becoming less and less free by the day. One seed can tip the scale of justice.

### House Bill 507 a \$100 fine, and No Jail Time Sounds Mighty Fine

Representative Moody of El Paso filed HB 507 as a step on the road to legalization. Favored by the majority in Texas, HB 507 would decriminalize an ounce of cannabis to a civil fine of \$100 with no jail time, instead of a misdemeanor offense with a record and jail time. The bill is now being scheduled for discussion by committee. As of this writing, the date has not been set. Once in committee, the people will have a chance to voice

their opinions and try to convince legislators. The task of mobilizing the pro-cannabis public is being led by The Marijuana Policy Project in Austin (the MPP) and NORML of Texas. Through the organized efforts of groups like these, this bill has the chance to change lives for the better, as well as reduce the taxpayers' burden for prosecuting cannabis users. The MPP's 5-year plan is starting to work, and many believe Texas will see cannabis legalized by 2019, the MPP's plan.

### A Real Treat for Texas Taxpayers

Texas would save a substantial sum of money with the decriminalization of cannabis. Legalization would mean even more income for the state. It's estimated that taxpayers spend at least \$2,000 per cannabis possession arrest. Add to that the costs of any jail time for a cannabis offender. Nationally, a simple possession charge of cannabis with a person sentenced to a year of incarceration costs taxpayers \$20,000 to \$40,000 a year per convict, according to Law Dictionary.org. Current laws are hurting the working American considerably. Texas has five major cities, where most arrest occur, so the amount taxpayers stand to save is big, just like everything in Texas. In 2012 alone the FBI reported



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72,150 arrests for cannabis with an astonishing 97% for simple possession. That's at least \$144 million spent by taxpayers just to prosecute the offenders. If each one was sentenced to a year in jail, the cost to house these non-violent plant possessors, using the low end estimate of 20k per inmate, would be a staggering 1.443 billion dollars. These funds could be used instead to combat violent crimes, making for a safer Texas.

**Trick or Treat, Give me Something I Really Need**

Texans are standing up and speaking up. They have to fight for legalization against the big 5 – prison and police unions, the alcohol and tobacco industries and Big Pharma! All five have a stranglehold on Texas. These organizations have made billions in profit and will spend millions in the effort to keep sweet Cheeba illegal. The ripple effect from what they stand to lose financially is the biggest roadblock. Dallas District Attorney Susan Hawk's disappearing act due to depression and pain pill addiction links her to Big Pharma, at least. The big five obviously have many friends and clients in office. It will take time to replace them with legislators who haven't been bought by contributions. Cannabis stands to help millions in Texas and generate billions of dollars annually for the state. The way politicians spend today, they cannot afford to continue backing the big 5 as they have in the past. From alleviating epilepsy, cancers, allergies, PTSD and more, cannabis will save and improve the lives of the men, women, and children of Texas. Go green Texas, we support you.

# Texas Cannabis Report

Texas Game Wardens Arrest Dallas Fort-Worth NORML Members In Hopes Of Seizing Their Boat

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*Stephen Carter is a 28 year old journalist and information technology specialist living in Waco, Texas. He serves as Deputy Director for NORML of Waco and has been working with the cannabis movement since 2009. He founded Texas Cannabis Report in 2013 to bring Texans accurate cannabis related news.*



Though all five were arrested, only one has since been charged with possession. Sloane says the officers never had any intent of pursuing charges against the other four, and was also told that had he been on the boat at the time, he would have been arrested as well. At the time, Sloane was coming back from having a jet ski refueled and upon return found the members under arrest.

“The smell of marijuana was thick in the air that day. There were lots of boats, it was a big party, and our guys were kinda bummed because they didn't really have any,” he stated, alluding to the fact that there were a lot of people out on the lake that day consuming cannabis, however the game wardens chose to target his boat.

*Stay up to date with the latest cannabis news from a Texas perspective by following the Texas Cannabis Report on social media.*

Earlier this year five members of DFW NORML's wake board team were arrested on the lake after game wardens raided their boat and found three grams of cannabis. There is now more information about why the raid occurred.

occurred, and quickly handed over the three grams he had when asked.

The group was at the Red Bull Cliff Diving Competition at Possum Kingdom Lake in Graford on their boat Hydro, which is owned by attorney David Sloane, who is the Public Information Officer for the Dallas/Fort Worth chapter of the National Organization for the Reform of Marijuana Laws.

Officers then proceeded to tear apart the boat in search of more cannabis, though nothing else was found. Sloane later got the boat back, however had to perform a lot of work on it to fix what was torn up.

Even though the man rolling the blunt took responsibility for the cannabis, all five members were arrested and later strip searched.

As three members sat on the boat, another on the ski platform, and the other on a float near another boat, game wardens swept down on the boat and detained them. One man on the boat was in the process of rolling a blunt when the raid

According to Sloane, details obtained through a public information request show that officers were joking through text messages prior to the raid, saying that they were going to seize the boat for their department, and likely expected a lot more cannabis to be on board.

Sloane had previously planned to sue the state after they dragged their feet on complying with the request, and now says that he is only waiting on a few videos from body cameras.

“  
The smell of marijuana was thick in the air that day

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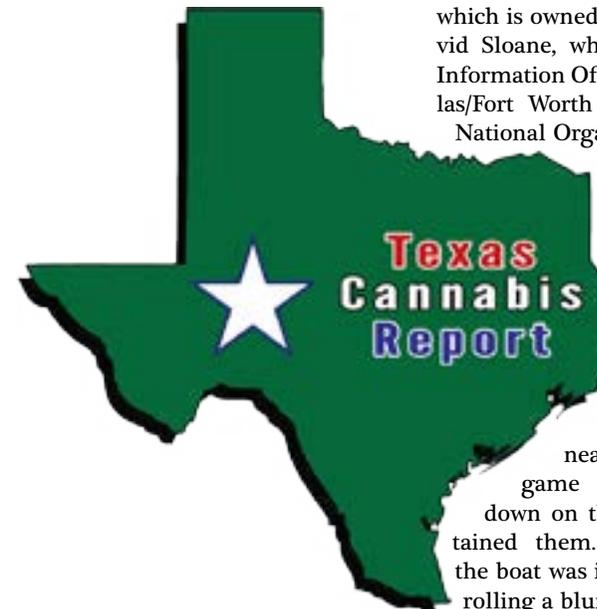
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**HUMBOLDT GROWN SINCE 1987**



It turns out that that notorious anti-cannabis grow house warrior, garbage go-througher, police informant, faux journalist and overall government tool Kevin Hoover had been busted for possession of cannabis! And while none of that is accurate except the getting busted part, it probably got your attention.

I was 20 years old and serving in the mighty and at that time mighty dysfunctional U.S. Air Force, a radio maintenance technician at Selfridge Air National Guard Base in Mt. Clemens, Michigan. A grueling assignment, what with my own dorm room, my nearby relatives, my motorcycle, my drums, my band and my perpetual stash of Columbian ('Lumbo).

I wonder what the garbage we were smoking back then compares to today's superbud. Oh well, it was pleasant at the time – although having to pay \$12 for a lid back east was outrageous!

Almost everyone endured the humdrum existence with some form of psychoactive enhancement. The perpetually hung-over sergeants could be found soused on cheap beer at the NCO Club every evening, while most of the enlisted guys enjoyed their Hamm's with a side of doobage.

A scraggly clump of volunteer pot plants popped up on the south side of the dorm, probably from seeds tossed from a window, hiding in plain sight. We'd primitively dry the giant leaves over a hot plate in our rooms. One time during this procedure someone knocked on my door. I panicked and flung the whole pie tin full of curly leaves out the window into Lake St. Clair. Larry was pissed, since it was only our uber-nerdy dorm-mate Gary at the door, and he was either clueless or didn't care. "I hope that was your favorite pie tin!" Larry thundered, dismayed at the turn of events.

# MY BUST

KEVIN HOOVER

FOUNDER OF THE ARCATA EYE SHARES HIS EXPERIENCE

GETTING CAUGHT WITH CANNABIS IN THE MILITARY



We used to burn this incredibly stenchy, supposedly "strawberry" incense to mask the pot fumes. It smelled like perfumed compost. The hallway always reeked like urinal cakes, dope smoke and el cheapo head shop incense.

One time after I'd been on leave in California, I brought back some Betty Crocker pot brownies. But then I got into the Hare Krishna movement and was pure for seven or eight months. Met Prabhupada at the Detroit temple, stayed there for days on end and everything, all while serving as a U.S. serviceman. When that phase waned, I rediscovered the frozen brownies in my freezer, pounded down several in one sitting and then had a very, very bad case of the spins for a couple of days. Not good.

More psychedelic drugs were circulating too, though I was just a yellow Zig Zag-using kind of guy at the time and didn't travel to serious cartoonland until later in the 1970s.

Headed back to the dorm one evening, I looked up at my window and saw the lights on and dudes milling about. I ran up the back stairs of the identical neighboring building to look down into my room. I recognized one of the people searching it as an agent with the base's fearsome OSI (Office of Security Investigations, I think).

I should have faced justice right then and gone in to assist with their enquiries. Instead, I had a bandmate and fellow "airman" drive me off the base. Chuck and I breezed right off and up the nearby freeway. Oh sorry, expressway.

We decided that I should hang out at a rest stop while he went back to the base to find out what was up with the raid on my room. He dropped me off, and for a surreal hour or so, I sat out amid the darkened bushes at this roadside rest's dog run, trying not to be noticed, getting bitten by mosquitos and watching fireflies flicker in the moonlight night. Eventually Chuck came back and told me some guys at the dorm said there was a pot bust in Hoover's room. I was all, what? No way. There wasn't any c-c-c-contraband there (at the time). But, rock and roll as it may have seemed, I couldn't live my life on the lam forever, so I headed back to face the government music. I mean, it's just some bumfuck outpost in nowhere-ville, what can they do – clap me in irons?

At the base's front gate, I got out of the car and told the security guy, "Hi, I heard you're looking for me?" The guard didn't know what I was talking about. I had to

tell him a couple of times that he should check with the mother ship because I was some sort of outlaw or something. The ace investigators at base security (such as it was) clearly wanted to know my whereabouts – you'd think they'd have notified the lad at the gate that there was a fugitive at large. But no. The nervous officer made some calls on his white phone, and soon enough a white Dodge Coronet had the checkpoint in its headlights, disgorging agents to whisk me away to an uncertain fate.

I guess they were proud of their heroic capture. My supervisor was later told I had been "seized" at the gate.

The serious-faced suits took me back to their dismal fluorescent warren on the ass-end of some government building and put me in a room, then started going through my wallet and asking me questions. It turned out that they had found a quarter-inch segment of cannabis leaf on my bed. Oh, the humanity. I must have been using one of those rickety old rolling machines with the little rollers and red ribbon, where pot falls out the sides and onto your pillowcase.

Still, busted. So busted. Paranoia come true. Now what?

The USAF offered me an "Article 15," a form of non-judicial punishment where they drop the courtroom rituals to get right to the fun, being-mean-to-you part. A 215 would have been more appropriate, but it would be 20-something years before such things existed. I talked to one of their fake defense lawyers, and he said I should take the deal or face court martial and less-than-honorable discharge. That kind of lifelong scar on my record, I was assured, would hinder my chances of ever being hired by some soulless mega-corp to be a loyal plastic robot for a world that doesn't care. And who wants that?

Maybe they needed to avoid embarrassing themselves with a grand tribunal over a minute crumb of leaf. I mean, they're the assholes going around in the night picking at people's pillows with tweezers. I should have called their bluff, but didn't. Forgive me, I was stoned.

I was wisely made to understand the true meaning of pain for my crimes against America, with a demotion and minor pay cut.

I remember sitting in my room, using nail scissors to cut the double stripes from all my uniforms, then sew on new single ones. This exposed the darker, less-faded green area of the sleeve the other stripe



had covered, an embarrassing display at all times. I also had to sweep and buff floors in the base headquarters every afternoon for a month or so and endure the punishing, judgmental glares of the podunk elites. Basically I was branded as some sort of junkie from "the land of fruits and nuts," a common term for California at the time among midwestern mouth breathers.

But the best part was that, as an identified dope fiend, I lost my low-level security clearance. This meant my pending reassignment to hot, isolated Ankara Air Station in Turkey was cancelled. Ouch. This was more like a reward, since there were discernibly fewer Zappa or Yes concerts there than at Cobo Arena in Detroit.

None of this did anything to temper my fondness for getting buzzed, nor the rate at which I did so. While we can all be grateful that the country of Turkey was spared the corruptive peril posed by a California kid and his fingernail-sized scrap of pot leaf, the whole exercise was but a mad charade.

After all these years, it looks like we're finally headed toward legalization of cannabis for "recreational" use, a term which always makes me think of stoned shuffleboard or baked badminton. Either would be preferable to sitting in dogshit behind rest stop shrubs on I-94, even with trippy fireflies.

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# Cannabis Legalization Sacramento Style



Three cannabis bills recently passed the Sacramento legislature; AB 243, AB 266 and SB 643, which now need Governor Jerry Brown's signature to become law. These bills will regulate cannabis as an agriculture product with specific rules for water capture and storage and pesticides. The Department of Public Health will be testing ancillary cannabis products (cookies, tinctures, etc.) for potency and labeling. The Department of Food and Agriculture will be inspecting for environmental degradation. They have also created an additional level of bureaucracy, the Bureau of Medical Marijuana Regulation, which will be under the state Department of Consumer Affairs. Every cannabis farmer and dispensary owner will need to get two licenses, one from the state and one from their local city/county jurisdiction. Those with past felony convictions will not be able to get a license without a Certificate of Rehabilitation, although a person with cannabis-related offense could get an exception. Assemblyman Ken Cooley (D-Rancho Cordova) said, "We will not let someone freelance in a state of nearly forty million people these kinds of im-

portant public safety and public health policies. That is a colossal benefit. And it actually is historic."

Except for one minor thing: These cannabis bills will do absolutely nothing to regulate cannabis. Did I mention these bills have zero taxes to pay for environmental cleanup or law enforcement on the local level? What will local law enforcement do? Same as they always do. Make busts that are complaint driven. What will local Department of Environmental Health inspectors do? Same as they always do - unless there is a complaint-driven issue or follow-up on a law enforcement bust - nothing. You can already hear the cities and counties complaining to the state, "Where do we get the funds to pay for environmental inspectors?" while the state shrugs and looks the other way.

In other words, it's business as usual. Grow all the pot you can, whether it's your land or not. Use whatever pesticides you deem necessary. Take the water from whatever sources you need, including sucking our rivers and streams dry because your plants are thirsty. Pay your

employees - or not - as long as it's cash under the table. Sell your product out of state and pretend that Interstate Transportation of Narcotics doesn't apply to you. And most important, never, ever pay any taxes. Bottom line, certain Sacramento legislators had a hissy fit and needed props for their reelection campaign.

We all know the November 2016 citizen's initiative will replace the word "medical" with "recreational" in the cannabis laws. Let's be honest, when 98% of your customers are recreational users and 2% are legitimately medicinal, why pretend the elephant is not in the room. Me personally, I drink vodka, but only for medicinal purposes. It relieves my stress at the end of a long day. Don't worry, I've got a doctor's recommendation card, so I'm legit (wink, wink).

“Me personally, I drink vodka, but only for medicinal purposes. It relieves my stress at the end of a long day.”

Unfortunately, the citizens of California are going to have to come to the rescue of the Sacramento legislators in November 2016. Until we deal with the "Bulgarians on the hill" with their AK-47s and threat of violence due to the huge amounts of cash their illegal product generates with out of state sales, anything that Sacramento politicians bring forward which doesn't address our cannabis problems is simply ignoring the immense environmental damage of the cannabis trade.



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**DINSMORE - \$425,000**  
Two bedroom, two bath cabin on ±40 acres featuring both wooded oak lands and rolling meadows. Great timber and recreational investment. Water sources are both a pond and creek. Beautiful valley views.

**HYAMPOM - \$599,000**  
±615 Acre parcel overlooking the Hyampom Valley off of Route 1. Properties feature roads, terraced topography, year round water and amazing views of the Trinity Alps.

**SMITH RIVER - \$499,000**  
This beautiful ±75 acre "banana belt" property features a small barn, a 1680 square foot two bedroom home complete with a bonus atrium, power, multiple building sites, community water and stunning views of the Smith River Valley. Property is comprised of 4 separate legal parcels.



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This parcel is located between Orick and Weitchpec. It offers gorgeous Klamath River frontage! Clirliah Creek runs right through it with hydro-electric potential! A flat has already been developed.

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This ±29 acre property features an open meadow three acre flat with a gated driveway, PG&E lines to the property and beautiful river views.

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12 legal parcels totaling ±2,240 acres only 30 minutes from Arcata! Property has convenient deeded access off of HWY 299 and Titlow Hill Road, scenic Redwood Valley views, and some parcels offer PG&E power. Water sources include creeks and natural spring fed ponds. Parcels have a variety of timber including Maple, Tan Oak, Cedar, Fir, Alder, Pine and Madrone. Several investment opportunities available. Qualified Buyers, please call us to discuss.



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